

13th June 2018



Dear Parents/Carers,

Y4 Sex and Relationships Education 2018

This half term the children in Y4 will begin their sex and relationship education. Last year we invested in a new SRE resource in order to deliver an up-to-date and engaging curriculum. The programme will be delivered regularly throughout the remainder of Y4 to help support and guide pupils as they continue to grow and change.

When appropriate, children will be split into same sex groups in order to explore further topics that may be of interest to each group however, as far as possible children will remain in their classes.

Every parent has the right to withdraw their child from our sex education programme. If you wish your child to be withdrawn, please complete the slip below and return it to the school office as soon as possible so that alternative arrangements can be made.

In order for you to make an informed decision as to whether you would like to withdraw your child from this area of the curriculum, we have included the lesson headings and outlines for the next half term and the key words we will be using during these lessons.

If you require any further information about the curriculum, then please feel free to speak to your child's class teacher who will be happy to discuss the schools SRE policy and the content of the Y4 sex and relationships programme.

Yours faithfully,

Y4 Team

Y4 Sex and Relationships Education 2018

If you are happy for your child to take part, you **do not need** to return the reply slip, otherwise please fill in the form below and return it to the school office **by Friday 22nd June 2018.**

Child's name..... Class

- I wish my child to be withdrawn from the Sex Education sessions; if your child is to be withdrawn from only some aspects of the program then please make clear below which they are:

Signed (parent or guardian) Date

HEADTEACHER: MR MICHAEL WATSON
DEPUTY HEADTEACHER: MRS KELLY HERSEY

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Year 4

Growing Up

Key Stage 2

Scheme of Work

Word Box: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

- PSHE Programme of Study**
Core Theme 1: Health and Wellbeing
- how their body will, and emotions may, change as they approach and move through puberty
 - to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them
 - about human reproduction

- Science Attainment Targets**
- describe the changes as humans develop to old age

Learning Intentions and Learning Outcomes
Learning Intention
 To explore the human lifecycle
Learning Outcomes
 Describe the main stages of the human lifecycle
 Describe the body changes that happen when a child grows up

Learning Intention
 To identify some basic facts about puberty
Learning Outcomes
 Discuss male and female body parts using agreed words
 Know some of the changes which happen to the body during puberty

Learning Intention
 To explore how puberty is linked to reproduction
Learning Outcomes
 Know about the physical and emotional changes that happen in puberty
 Understand that children change into adults so that they are able to reproduce

Lesson Title
 Lesson 1
[Growing and Changing](#)

Lesson 2
[What is Puberty?](#)

Lesson 3
[Puberty Changes and Reproduction](#)

Resources
[Lifecycle pictures](#)
[Lifecycle word cards](#)
[What has changed? worksheet](#)
[Lifecycle Quiz slides](#)
[Lifecycle Quiz answers](#)
 Additional Activities
[Babies and Children worksheet](#)

[Body Part Bingo cards](#)
[Bingo Flash cards](#)
[Body Changes pictures](#)
[Our Bodies worksheet](#)

Story bag items (see lesson plan)
 Book: *Hair in Funny Places*, Babette Cole
[Body Changes worksheet](#)
 Additional Activities
 Suggested reading:
Where Willy Went, Nicholas Allan
Amazing You! Gail Saltz
http://www.bbc.co.uk/science/humanbody/body_interactives/lifecycle/teenagers/