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Dear Mothers, Fathers and Carers

Learning Heroes – We have one group of Learning Heroes to report in this newsletter as the whole school thoroughly enjoyed watching our Y5/6 pupils perform A Midsummer’s Night Dream. On 30th November, in our Achievement Assembly, the following children were named as Learning Heroes



Yr 3; Oliver & Finley
Yr 4; Isabel & Reuben
Yr 5; Bella & Reuben
Yr 6; Amy & Thomas
Well done to all our children for showing their use of ‘building learning power’.

Courtesy Awards – Our courtesy award winners were: Max in year 2 and Ben in year 6.

Escape the room! - Children from years 5 and 6 attended an 'escape room' style event in the library. They needed to investigate an unsolved jewel theft and find four numbers that led to a key to a bank vault. Through a series of tasks and challenges that tested their logic, dexterity and investigative skills, they successfully found the key in a safe in Mrs Slee's room. Thankfully, they also released the pizza that was held to ransom.



Photo: Looking for secret messages hidden around the library. Could the children find their team’s clue? If so, they would know where to look next.

KS2 PE AIM event– On 23rd November, 6 children from Waycroft Academy took part in a martial art enrichment afternoon ran by Mr Whitlock (former Vice World Champion!). The afternoon involved exercises, drills and games designed to develop footwork in a range of martial arts. The children LOVED the opportunity to try out new skills.

Simonsbath camp meeting – All Year 5 parents and carers have been invited in to school on Monday 10th December at 17:30 to meet with Louise from Simonsbath and to find out everything they need to know about the excellent year 6 camp.

Shakespeare Production – Well done to all of the children who performed at the Shakespeare Schools Production event at the Tobacco Factory. They made us very proud. Thank you to Mrs Dennis and Miss Leach who worked with the children to deliver the fantastic rendition of A Midsummer Night’s Dream.



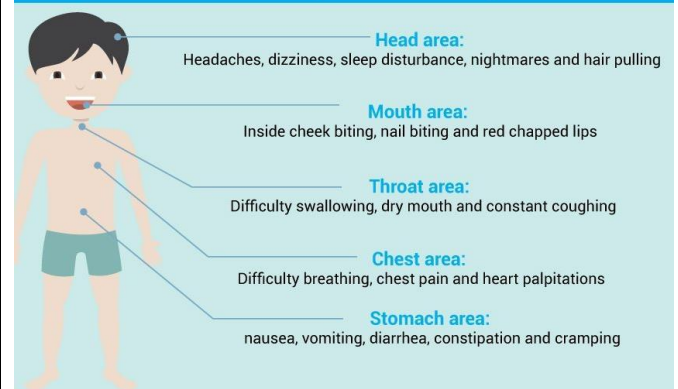
Children In Need – Well done to everyone who helped the school to raise money for Children in Need. We raised £434! Well done everyone!

Wellbeing- Anxiety

This week, we want to provide some information about anxiety. Anxiety is a feeling of unease, such as worry or fear, which can be mild or severe. During times like these, feeling anxious can be perfectly normal. However, some people find it hard to control their worries. Their feelings of anxiety are more constant and can often affect their daily lives.

What can anxiety look like?

How Anxiety Effects the Body



This is for informational purposes only. Please seek the advice and care of a medical professional if your child is having any of these symptoms.

Source: www.anxioustoddlers.com/childs-worries-sick

At a Glance:

What Anxiety Looks Like in Kids

Kids with learning and attention issues may be more likely than their peers to struggle with anxiety. Find out what anxiety might look like in your child.

What it looks like: You're five minutes late for pickup at a birthday party. Your sobbing daughter is convinced you were in a car accident.

What's happening: Anxious children can focus on worries that something bad might happen to their parents. They may also be clingy and fearful of leaving you long past the point when "separation anxiety" is age-appropriate.

What it looks like: Family friends are over to watch the game. Your 14-year-old son is in his room with the door closed. You might even forget he's there.

What's happening: Such behavior seems to be rude or unfriendly. But it can be a sign that your child is afraid of socializing. In fact, anxiety is often missed in children who tend to withdraw.

What it looks like: Your son's teacher says he's constantly tapping his legs and seems wound up in class. She thinks he might have ADHD in addition to dyslexia.

What's happening: It could be ADHD. But your son's antsy behavior could also be a symptom of anxiety he's feeling about reading and writing. Other physical signs of anxiety include dry mouth, rapid breathing, stomachache and dizziness.

What it looks like: Your daughter is constantly counting tiles or windowpanes.

What's happening: Repeating tiny and meaningless rituals may be a way for your child to manage her fears. For example, "If I count 100 windowpanes, then I won't fail the math test." If this behavior continues, talk to her doctor about what you're seeing. It could be a sign of obsessive-compulsive disorder.

Anxiety can cause many problems for adults and children alike. **For more information, please check the Wellbeing section of our website.**

Volunteering at Lifeskills – All of our children visit the Lifeskills Centre when they are in year 6. It is an amazing local resource that gives children the chance to explore a range of health and safety incidents in a safe and controlled environment including kitchen fires and train tracks. Please see their plea below... Did your child come to Lifeskills? Do they have a trip planned? Have you got a bit of spare time on your hands? Would you like to work with children to improve their safety skills? Lifeskills is a safety education charity helping thousands of children from across the West of England to live safer, happier lives. Our Centre is a realistic village with houses, shops, a railway and a beach where children learn how to deal with dangerous or difficult situations in a safe, interactive environment. We need volunteers to guide small groups of children through the Lifeskills village. Sessions run from 9.40am – 12pm and 12.40pm – 3pm weekdays during term time. Volunteering is flexible and we only ask for a minimum commitment of 2 days a month. If you would like to get involved call 0117 922 4511 or email johanna@lifeskills-bristol.org.uk

Free Range Play – Please note that due to the recent weather, free range play is not taking place as we have experienced some wind damage to the transition shelters. We will endeavour to have the children taking advantage of all of our amazing school ground as soon as possible. Please remember to drop in any donations as per the previous newsletter.

Christmas – please come and enjoy our Christmas celebrations with your children. The children are already working hard on their performances!

Nursery

12.12.18 Nursery singing around the Christmas tree at 3pm following their party and lunch

Reception

12.12.18 YR Nativity DRESS REHEARSAL at 9.15am – younger children are welcome to attend this performance

13.12.18 YR Nativity 9:15am – adults only

14.12.18 YR Nativity 9:15am – adults only

KS1 and KS2

Reminder: the Christmas productions, which start at 14:00 are at Christ the Servant Church. You do not need tickets, you can just turn up and enjoy.

Thursday 13th December- Years 1 and 2

Tuesday 18th December- Years 3 and 4

Wednesday 19th December- Years 5 and 6

Presentation at school – Please remember our school uniform asks for children to be wearing plain black shoes. There should be no logos or white soles. Alongside this, long hair needs to be tied up. Thank you for your support with this.

Christmas lunch ordering deadline: Please note the deadline for ordering KS1 & KS2 Christmas Lunches is Monday 3rd December. Any late orders will not be processed due to the kitchen needing numbers for ordering.

Outstanding dinner money – please make sure all dinner money accounts are in credit by the end of next week.

Yours sincerely



Lisa Craig, Head of School