

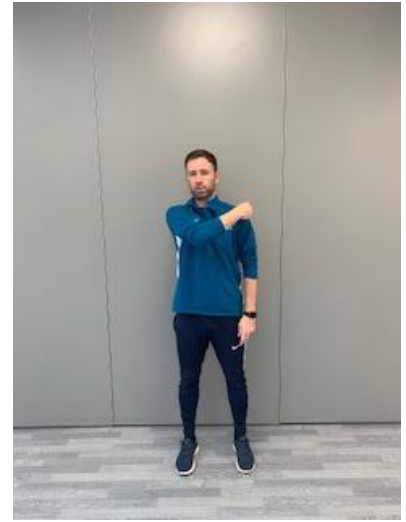
MY MUSCLES



OOOOHHHHH



TRAPEZIUS



DELTIOD



BICEPS



TRICEPS



PECTORALS



ABDOMINALS



INTERCOASTAL MUSCLES



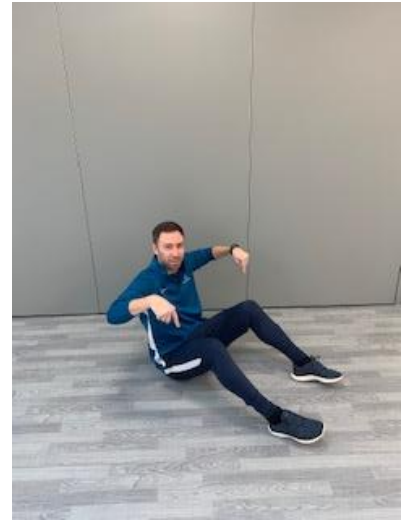
QUADRICEPS



GLEUTEUS MAXIMUS



HAMSTRINGS



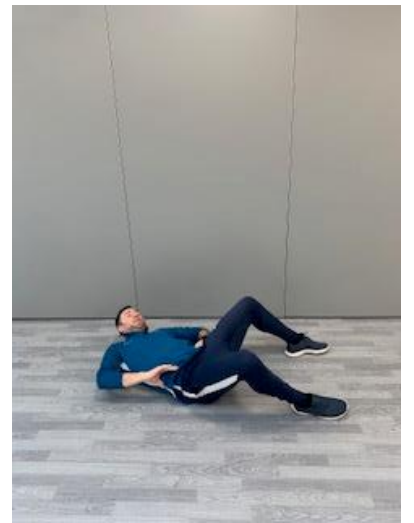
TAKE A SEAT



ON YOUR BACK



ERECTOR SPINAE



LATISSIMUS DORSI



**NOW I KNOW MY
MUSCLES**

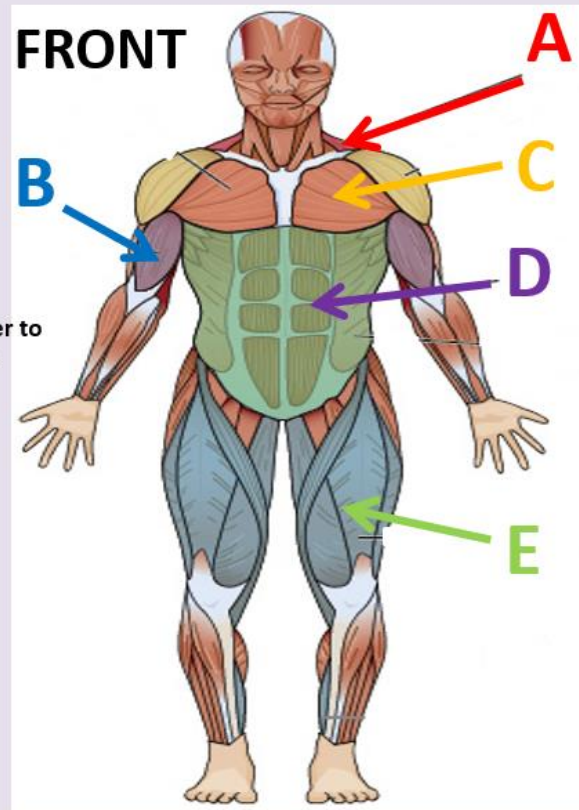


**MY VOLUNTARY
MUSCLES**

The Muscular System

- 43) Biceps
- 44) Abdominals
- 45) Trapezius
- 46) Quadriceps
- 47) Pectorals

Match the Letter to the muscle



The Muscular System

- 48) Triceps
- 49) Gastrocnemius
- 50) Deltoid
- 51) Hamstring
- 52) Gluteus Maximus
- 53) Erector Spinae
- 54) Latissimus Dorsi

Match the Letter to the muscle

