



WEEK ONE

10 Sep | 1 Oct | 29 Oct | 19 Nov | 10 Dec

WEEK TWO

17 Sep | 8 Oct | 5 Nov | 26 Nov | 17 Dec

WEEK THREE

24 Sep | 15 Oct | 12 Nov | 3 Dec

MONDAY

Choose a main meal...
 Mac 'n Cheese
 Jacket pot & beans
...and a side: Sweetcorn, carrots
pudding: Roly Poly & custard

TUESDAY

Choose a main meal...
 Chicken pie & mash
 Vegetable pie & mash
...and a side: Peas, salad sticks
pudding: Fruit jelly

WEDNESDAY

Choose a main meal...
 Beef meatballs, Bolognese sauce & pasta twists
 Ratatouille & pasta twists
...and a side: Crunchy carrots
pudding: Chocolate Brownie

THURSDAY

Choose a main meal...
 Roast beef & roast potatoes
 Lentil roast & roast potatoes
...and a side: Carrots, seasonal veg.
pudding: Strawberry Mousse

FRIDAY

Choose a main meal...
 Battered cod & chips
 Pasta Bake
...and a side: Beans, peas
pudding: Vanilla ice cream

Choose a main meal...
 Sausage 'n mash
 Veggie sausage 'n mash
...and a side: Peas, carrots
pudding: Fruity Flapjack

Choose a main meal...
 Chicken Curry, rice & naan
 Vegetable Curry, rice & naan
...and a side: Sweetcorn, salad sticks
pudding: Chocolate Cake & custard

Choose a main meal...
 Beef Lasagne & garlic bread
 Vegetable Lasagne & garlic bread
...and a side: Broccoli, crunchy carrots
pudding: Banana Mousse

Choose a main meal...
 Roast chicken & roast potatoes
 Quorn roast & roast potatoes
...and a side: Carrots, seasonal veg.
pudding: Apple Crumble & custard

Choose a main meal...
 Fish fingers & chips
 Veggie fingers & chips
...and a side: Beans, peas
pudding: Strawberry ice cream

Choose a main meal...
 Beef burgers
 Veggie burgers
...and a side: Sweetcorn, beans
pudding: Rice Pudding & jam

Choose a main meal...
 Creamy Chicken Supreme & pasta shells
 Creamy Vegetable Supreme & pasta shells
...and a side: Peas, crunchy carrots
pudding: Oatie Cookie & fresh fruit

Choose a main meal...
 Cottage Pie
 Country Vegetable Pie
...and a side: Broccoli, salad sticks
pudding: Syrup Cake & custard

Choose a main meal...
 Roast gammon & roast pots
 Cauliflower cheese & roast pots
...and a side: Carrots, seasonal greens
pudding: Chocolate Mousse

Choose a main meal...
 Battered cod & chips
 Vegetable Quiche & chips
...and a side: Beans, peas
pudding: Vanilla ice cream

EVERYDAY MEALS

Jacket pots with various fillings are available as an alternative **each day**

EVERYDAY DESSERTS

Fresh fruit and yogurts are available as an alternative **each day**



Menu designed by
KJ Creative
 Graphic design services
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