

**Your School Nurse Team is:**  
**Heather Collins (School Nurse)**  
**Christine England (School Nurse)**  
**Winnie Zurybida (School Nurse)**  
**Kirstie Hughes (Nursery Nurse)**

**And your named school nurse is: Heather Collins**

**COMMUNITY CLINICS:**

Tuesday and Thursday afternoons  
Barnstaple Health Centre  
Contact 01271 341500 to make  
an appointment or discuss your  
concerns.



## Your School Nurse Team is here for you.

- Does your health, or worries about your health, get in the way of your learning?
- Need support managing your health or medicines in school?

### **YOUR SCHOOL NURSE TEAM CAN HELP!**

Click on to find out more.....



# HAVE YOU GOT QUESTIONS OR CONCERNS ABOUT....

- Managing your medicines?      Managing a health condition?
- Healthy food?      Exercise?      Your Growth?
  - Hearing?      Growing up?      Vaccinations?
  - Feelings?      Bullying?

**You can speak to a School Nurse  
and there's more...**



## QUESTIONS OR CONCERNS ABOUT....

Staying safe?

Smoking?

Alcohol?

Drugs?

Sexual health?

Relationships?

**You can speak to your School Nurse**

**Our service is confidential - find out more when you meet us**

and there's more.....



**Moving onto college or work - got any health questions?**

**You can speak to your School Nurse**

**REMEMBER: see your optician and dentist regularly – it's free!**

