

PE and Sport at Marston Montgomery Primary

We have a very active approach towards PE and Sport. This has been demonstrated by being awarded 'Sportsmark' for the last four years: bronze in 2013/14; silver in 2014/15 and 2015/16; and eventually gold in 2016/17



To encourage an overall daily active 30 minutes, we begin the day with an energise session in the form of 'activate' or dance. For four lunchtimes a week, the children have activity leaders or external coaches, supported by mini-leaders. They form part of the Sports' Crew, monitoring for example the 'Golden Mile' where children have the challenge of achieving bronze, silver or gold awards. Most of our children have already achieved bronze.

As part of the curriculum, the children receive expert coaching in swimming, gymnastics and outdoor games. Forest school also forms part of the children's active life.

The Sports' Crew meet regularly to arrange tournaments within school. In January, four teams played basket basket ball.



Two teams then represented the school at the local cluster festival at Queen Elizabeth's Grammar School at Queen Elizabeth's Grammar School (QEGS).



All children have the opportunity to represent the school during the year. Some children attended a Sports Plus event in February.



Outdoor adventure form part of the PE curriculum.



During 2017/18, children have also represented the school in Cross Country and Tag Rugby. Our infant children also attended a gymnastics' festival at Queen Elizabeth's Grammar School.



Charlie, George, Elliot and Daniel - cross-country representatives

In the Spring term, the Sports' Crew presented an Assembly to inform parents about the importance of healthy eating. This followed attendance at a 'health champions conference' by four members of the sports' crew, where they learned about leading other children to be active and the importance of healthy eating.

In March 2018, all of the Junior children took part in a dance festival at Queen Elizabeth's Grammar School, performing to a Disney song, in front of hundreds of other children. This followed weeks of

rehearsals and composition work in PE. This month also provided an opportunity to do mini netball tournaments with our collaboration school, Long lane C of E Primary.

The new term, began with a 'Chance to Shine' Cricket Assembly, where a visitor encouraged children to take part in this project. Year 3 and 4 then took part in a Hi 5 netball tournament.

As part of sports' funding, all Junior children do 'bikeability' to improve their cycling skills and knowledge of safety.

An after school sports club provided by the expert coaches from Burton Albion, has given children the opportunity to develop their footballing skills for ninety minutes each week.

Collaboration with Long Lane C of E Primary has allowed joint teams to participate in football, golf and orienteering festivals. A joint Sports' Day was also held increasing the competition factor for each child.



Children at the orienteering festival in Ashbourne.



There was even a staff race at Sports' Day.