

PE and Sport at Marston Montgomery Primary

We have a very active approach towards PE and Sport. This has been demonstrated by being awarded 'Sportsmark' for the last four years: bronze in 2013/14; silver in 2014/15 and 2015/16; and eventually gold in 2016/17



To encourage an overall daily active 30 minutes, we begin the day with an energise session in the form of 'activate' or dance. For four lunchtimes a week, the children have activity leaders or external coaches, supported by mini-leaders. They form part of the Sports' Crew, monitoring for example the 'Golden Mile' where children have the challenge of achieving bronze, silver or gold awards. Most of our children have already achieved bronze.

As part of the curriculum, the children receive expert coaching in swimming, gymnastics and outdoor games. Forest school also forms part of the children's active life.

The Sports' Crew meet regularly to arrange tournaments within school. In January, four teams played basket basket ball.



Two teams then represented the school at the local cluster festival at Queen Elizabeth's Grammar School at Queen Elizabeth's Grammar School (QEGS).



All children have the opportunity to represent the school during the year. Some children attended a Sports Plus event in February.



Outdoor adventure form part of the PE curriculum.



During 2017/18, children have also represented the school in Cross Country and Tag Rugby. Our infant children also attended a gymnastics' festival at Queen Elizabeth's Grammar School.



Charlie, George, Elliot and Daniel - cross-country representatives

In the Spring term, the Sports' Crew presented an Assembly to inform parents about the importance of healthy eating. This followed attendance at a 'health champions conference' by four members of the sports' crew, where they learned about leading other children to be active and the importance of healthy eating.