



## Newsletter – November 2018

Dear Parents / Carers,

Welcome back to our second half term of the academic year. The first half term was a busy start to our new academic year and this next half term looks as though it will be just as jam packed as we approach the festive season! Please make a note of the dates included on this newsletter, there have been some changes made.

### **Breakfast and After School Clubs**

Please return booking forms for this half term as soon as possible. Payment should be made either weekly or monthly, we thank you for paying promptly.

### **Collection from School**

If you have arranged for someone different to collect your child(ren) from school, please ensure you tell a member of staff in the morning or contact the school office. Staff will not send children home with someone different unless school has been informed. Thank you

### **Dinner Money**

The price for a child's meal is - £2.10, so a week will cost £10.50. The price of an adult meal has increased to £2.88.

The cost of school meals for this half term is - £73.50.

The cost of meals for November is - £42.00.

The cost of meals for December is – £31.50.

School meals must be paid for in advance, you may either pay weekly, monthly or for the whole half term. **Money must be sent in a clearly labelled envelope, thank you.**

Reception, Year 1 and Year 2 pupils are still receiving universal free school meals so there is no need to pay.

### **Safeguarding Information**

**SLEEP** – A good night's sleep helps our children to focus in school and learn to the best of their ability. The following is taken from the NHS website (<https://www.nhs.uk/live-well/sleep-and-tiredness/healthy-sleep-tips-for-children/>)

#### **“Healthy sleep tips for children**

**Good sleep is important for your child's physical and mental wellbeing.**

A relaxing bedtime routine is one important way to help your child get a good night's sleep.

#### **Relaxation tips to help sleep**

Doing the same relaxing things in the same order and at the same time each night helps promote good sleep:

- A warm (not hot) bath will help your child relax and get ready for sleep.
- Keeping lights dim encourages your child's body to produce the sleep hormone, melatonin.
- Once they're in bed, encourage your child to read quietly or listen to some relaxing music, or read a story together.
- You could also suggest your child tries this [relaxing breathing exercise](#) before bed.

### **Know how much sleep your child needs**

The amount of sleep your child needs changes as they get older.

A 5-year-old needs about 11 hours a night, for example, while a 9-year-old needs roughly 10 hours. See [how much sleep your child needs](#).

### **Avoid screens in the bedroom**

Tablets, smartphones, TVs and other electronic gadgets can affect how easily children get to sleep. Older children may also stay up late or even wake in the middle of the night to use social media. Try to keep your child's bedroom a screen-free zone, and get them to charge their phones in another room. Encourage your child to stop using screens an hour before bedtime.

### **Your child's bedroom**

Your child's bedroom should ideally be dark, quiet and tidy. It should be well ventilated and kept at a temperature of about 18 to 24C. Fit some thick curtains to block out any daylight. If there's noise outside, consider investing in double glazing or, for a cheaper option, offer your child earplugs.

### **Get help with sleep problems**

If you've tried these tips but your child keeps having problems getting to sleep or sleeping through the night, you may feel you want more support. You can speak to your GP or health visitor to begin with. They may refer you to a child psychologist or another expert.

### **School Improvement: The Acorn Federation**

**Maths** – This term we have introduced a new objective sheet. This is stuck in the children's maths books at the beginning of each maths unit / series of lessons and allows the children to see how well they are doing. When I have asked the children about them they have talked confidently about what they mean. Staff are also using White Rose Maths which has a strong focus on the problem solving and reasoning elements of mathematics.

### **Joint Events in October**

**Joint Day at MMPS (15/10/18)** – The children from both schools enjoyed spending the day together at MMPS.

The Garden Class – focussed on the theme of birthdays and were able to do some statistics work to find out which month all of our friends were born in. In the afternoon we did Forest School and made and lit our own fires.

The Meadow Class – During the joint day, we studied what Creswell Crags is like in readiness for our visit. The children then wrote a persuasive leaflet about it. They also did some statistics work based on favourite places to visit - lower juniors did pictograms; upper juniors did pie charts. During the afternoon, the MM juniors went swimming while LLPS juniors researched the large animals that lived during the last Ice - Age and produced an information sheet about them.

### **Future Joint Events**

**12/11/18** – Letters have previously been sent regarding arrangements for today. All the children will start the day at LLPS. Children from MMPS will be collected from Marston at the end of the day.

**Meadow Class** – Both Meadow Classes will be visiting Creswell Crags today. The visit will enhance the children's understanding of evolution; how Britain has changed geographically and the history of the Stone - Age.

**Garden Class** – Both classes will spend the day together at LLPS. They will spend the morning learning in class. During the afternoon they will take part in Forest Schools, remember to bring your kit!

**15/11/18** – Letters have previously been sent regarding arrangements for today. All the children will start the day at MMPS. Children from LLPS will be collected from Long Lane at the end of the day.

**Garden Class** – Both classes will visit Pizza Express this morning. We will be learning about different countries around the world. This will include exploring similarities and differences between countries and recognising and appreciating different customs and routines. Our trip to Pizza Express will provide the children with a great opportunity to learn about Italy, the home of pizza, in an engaging way. The children will learn about good food, taste and cook with fresh ingredients and, best of all, make authentic, Italian pizza! This trip will also enhance learning in other areas of the curriculum as it will provide a stimulus for writing activities in the following week, where we will write a thank you letter to Pizza Express and instructions on how to make a pizza.

**Meadow Class** – Both classes will work together at MMPS this morning.

### **Mrs Bosley's Plan**

This is the plan for the remainder of this half term and the first week back in September. Please remember that if you would like to speak to me when I am at the other school, you can contact a member of staff to see if they are able to help or ask staff to contact me so that I can contact you.

<b>w/b</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>05/11/18</b>	MMPS	LLPS	MMPS	LLPS	MMPS
<b>12/11/18</b>	LLPS	MMPS	LLPS	MMPS	LLPS
<b>19/11/18</b>	MMPS	LLPS	MMPS	Not in school	MMPS
<b>26/11/18</b>	LLPS	MMPS	LLPS	MMPS	LLPS
<b>03/12/18</b>	MMPS	LLPS	MMPS	LLPS	Not in school
<b>10/12/18</b>	LLPS	MMPS	LLPS	MMPS	LLPS
<b>17/12/18</b>	MMPS	LLPS	MMPS	LLPS	MMPS

Kind regards

Teresa Bosley  
Head Teacher



# Marston Montgomery Primary School

## Events in October

**Open Morning (18/10/18)** – We welcomed a new family to our wonderful school today and showed them around.

**Disco (18/10/18)** – The children enjoyed the disco. They played party games, danced and enjoyed chips. The event raised £74.50 for FOMM funds. Thank you to all those who either helped organise the event or helped on the night.

**Community Lunch (24/10/18)** – Today we welcomed 14 members of our community to enjoy a delicious roast dinner cooked by Mrs Charlesworth.

**Parents' Evening (25/10/18)** – Thank you to all our parents who gave their time to speak to staff about your child's progress. We need to work together to help our children achieve their full potential and parents' evening is one way we can do this.

## Marston Montgomery – Events in November

**FOMM: Movie Night (23/11/18, 5pm to 7pm)** – Tonight FOMM will be organising a film night. Please look out for more information.

**Community Lunch (28/11/18, 12pm)** – This is the Community Christmas Dinner. Meals must be booked in advance.

**Village Event: Christmas Bazaar (01/12/18, 10am)** – The children have again been invited to open the bazaar by singing carols on the steps at 10am. We look forward to seeing as many of you as possible at the event.

### **Swimming**

The Meadow Class will swim on a Monday afternoon this term. The children will need to bring a swimming costume / trunks and towel. They may bring goggles if they wish.

The dates for swimming are – 19/11/18, 26/11/18, 03/12/18, 10/12/18. We need volunteers to go with us, if you are able to help please speak to Mrs Beloe.

### **Forest School**

We are delighted to continue to offer Forest School sessions. Each class will take it in turns to take part on a Wednesday afternoon. When the children are taking part in Forest Schools they will need to bring suitable clothing, e.g. wellington boots, rain coats, gloves, hats etc. They will take part in Forest School whatever the weather so **MUST** be appropriately dressed!

**Y5/6** – 14/11/18, 05/12/18

**Y3/4** – 07/11/18, 21/11/18, 12/12/18

**Garden Class** – 12/11/18 (at LLPS), 28/11/18

### **Celebration Assembly**

All parents and carers are warmly invited to join us on a Friday morning (9:00am to 9:15am) for our celebration assembly where we will celebrate the children's work from the week.

Dates – 09/11/18, 16/11/18, 23/11/18, 30/11/18, 07/12/18, 14/12/18.

**Marston Tots**

Parents, carers, grandparents with pre-school children are welcome to join us for our Tots session on a Friday morning (9:15am – 11:15am).

Dates – 09/11/18, 16/11/18, 23/11/18, 30/11/18, 07/12/18, 14/12/18.

**School Improvement – MMPS**

**Reading** – We have been working on improving our reading. We would like to thank parents for their support with this. Following the introduction of Dojos as rewards and a daily emphasis on who has read at home the majority of children are reading regularly at home!

**EYFS** – We have invested in new equipment for our Bluebell, as soon as it is all in place we will invite you to see the improvements we have made to our resources.