

Lesson 3 Who gives us medicines?

Learning Intention

To identify who should be able to give us medicines

Learning Outcomes

To know when we should take medicines and who should give them to us
To know the rules about medicines

Resources

[Medicine Facts Teacher Guide](#)

Talking object

[People Who Help Us photo cards](#)

[Finger Puppets](#)

Positive stories about medicines, for example:

Little Whistles Medicine, Cynthia Rylant

All Better Now, Joy Masoff

Harry and the Robots, Ian Whybrow

Activities

1. Ground Rules

In a circle, discuss ground rules from the previous session.

2. Go-round

Using the talking object do a go-round using the sentence stem: When I grow up I would like to be ...

3. People Who Help Us

Split the class into small groups or pairs. Give each pair one of the [People Who Help Us photo cards](#) and ask the children to discuss what job they think these people do. Do they think this person may or may not give us medicines or injections? Ask each group to share their answer with the class and explain why they came to their decision. Display the images on the whiteboard and ask the children to help you to place each image in the correct column. Can this person give us medicines? Yes / No

4. Story Board

Ask the class to look at the photos on the whiteboard and choose who might help the characters you are about to describe:

Safia has a sore tooth which of the people might help her?

Tommy has woken up feeling very hot and unwell, which of the people might help him?

Daniel's inhaler has run out, he needs a new one, which of the people might help him?

Lola needs an injection before she goes on holiday, which of the people might help her?

Highlight that sometimes a hot water bottle, a bath, a sleep or a cuddle can help you to feel better.

5. Finger Puppets and Assessment

Using the [Finger Puppets](#) ask the children to work in small groups to make up stories about being unwell and needing medicines. Ask each group to show their story to the class, use this opportunity to reinforce the messages in the [Medicine Facts Teacher Guide](#).

6. Story

Finish with a positive story about medicines.