

## Lesson 1

### Learning Intention

To explore substances and situations that are safe or unsafe

### Learning Outcomes

To know what is safe or unsafe

To know when something is too risky

### Resources

Talking Object

[Safe and Unsafe Situations cards](#)

[Risk and No Risk signs](#)

## Activities

### 1. Ground Rules

In a circle, discuss ground rules. Include listening, not talking when others are talking, not laughing at other people, taking turns and teamwork.

### 2. Go-round

Ask the children what we mean by the word safe. Use the talking object to do a go-round: I feel safe when...

### 3. Risks Mind Map

Ask the children to share the following:

- What ideas come into their heads when they think of the word risk? Note responses on the board.
- Why do they think people take risks?
- Are risks all bad or can they be good? Return to the board and move the responses into groups of good and bad.

Suggest examples of people who take risks in a positive way e.g. fire fighters, lifeguards. Explain that in all situations where there is a risk we have to think carefully about whether there is a chance of something good or bad happening before we make our choice.

### 4. Safe and Unsafe Situations

In pairs, give each pair one [Safe and Unsafe Situations card](#). Ask the children to consider what is safe or unsafe in the situation and what they would do. Display the different cards on the white-board and explore with the whole class what would be safe and what would be risky or dangerous in each situation. In pairs start to form some rules for keeping safe for each of the unsafe situations. These will be built upon in Lesson 3.

### 5. Assessment

Place the [Risk and No Risk signs](#) on each side of the classroom. Ask the children to move to, or point to, the position on the imaginary line where they think the level of risk would be in the following circumstances:

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- Playing on a slide
- Touching a hot pan
- Reading a book
- Riding a bike
- Crossing the road
- Picking up a broken bottle
- Opening the door to a stranger

#### 6. Review and Close

Finish by clarifying with the class the degree of risk involved in each situation.