

Year 6

Me and my relationships

I realise the consequences of anti-social and aggressive behaviours, such as bullying, cyber-bullying and racism on individuals and communities
I can recognise and challenge discrimination and stereotyping (including cultural, ethnic, religious diversity, gender and disability)

I recognise different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable

I know how to ask for help and have a range of strategies to resist pressure and distinguish between positive and negative influences, including bullying behaviours

I can name and explain male and female body parts, relating to Sex and Relationship Education

I know the ways in which boys and girls grow and develop in puberty

I recognise, as I approach puberty, how people's emotions change at that time and how to deal with my feelings towards myself, my family and others in a positive way

I can recognise the difference between aggressive and assertive Behaviour

I know that relationships change over time and that new relationships and friendships develop

Keeping myself safe

I can take responsibility for my own safety and know basic emergency first aid procedures and where to get help

I can respond to challenges including recognising, managing and taking risks

I know how to make informed decisions relating to medicines, alcohol, tobacco, drugs and other substances

I can select appropriate tools to collaborate and communicate confidently and safely with others within and beyond my school

I can exchange and share ideas with a wider audience, and evaluate my use of technology including the use of email, social networking, online gaming, and mobile phones and how I present myself online

I understand that the person that I think I am communicating with on-line may not be who they say they are

I understand the need to use respectful language and know the legal consequences for sending offensive e-communications

I understand how the media (advertising and internet) may influence my opinions and choices

My healthy lifestyle

I can manage my time to include regular exercise

I understand that the media can have an effect on Emotional Health and Wellbeing, e.g. body image, managing finances etc

I can plan, prepare and cook a healthy meal

I understand the impact of growth and adolescence on my hygiene, physical activity and nutrition needs

I can look after my body as I go through puberty

I can manage my periods (menstruation)

Me and My future

I know what is deducted from earnings and why

I can differentiate between manageable and unmanageable debt

I am able to use cheques, credit and debit cards etc

I am beginning to understand pensions and insurance

I understand that money we earn also supports the community

I understand different ways of keeping track of my money

I understand simple risk and return

I am able to 'read' and check pay slips, bank statements etc

I can use effective record-keeping systems

I can manage a more complex budget over time

I understand that managing money is complex but there are people who can help

Becoming an active citizen

I can describe some of the different beliefs and values in society and demonstrate respect and tolerance towards people who are different from myself

I can take part more fully in school and community activities

I can demonstrate a sense of social justice and moral responsibility

I understand that resources can be allocated in different ways and that economic choices affect individuals, communities and the environment

I can research, discuss and debate topical issues, problems and events

I know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules

I appreciate the range of national, regional, religious and ethnic identities in the United Kingdom

I am aware of how the media present information and that the media can be both a positive and negative influence

I know about the basic institutions that support democracy locally and nationally

I can make informed choices about my environment

Moving on

I can identify positive achievements during my time in Primary School

I can explain what I am worried about and what I am looking forward to in Year 7

I know what to expect when I start Year 7

I can take part and reflect on a planned programme of transition to KS3

I know how change can interfere with our feelings of belonging