

**Billy**

Co-operation

Have I seen/done this before?  
What is the goal?



ASSESS THE TASK



**Colin**

Curiosity



EVALUATE STRENGTHS AND WEAKNESSES

# METACOGNITION CYCLE



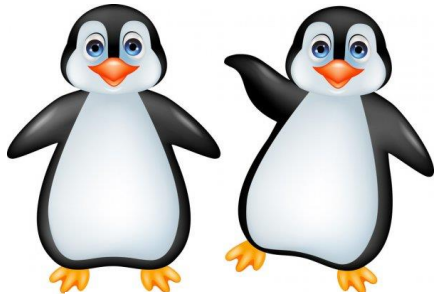
REFLECT

How am I doing – have I met the goal?  
Did my strategy work? - Do I need to change my plan?  
Could I improve my work/answer/understanding?

Which parts will be easy / hard?  
How much effort do I need to put in?

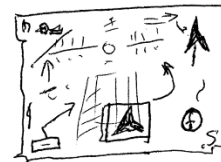


APPLY STRATEGIES



**Polly & Percy**

Resilience



PLAN THE APPROACH

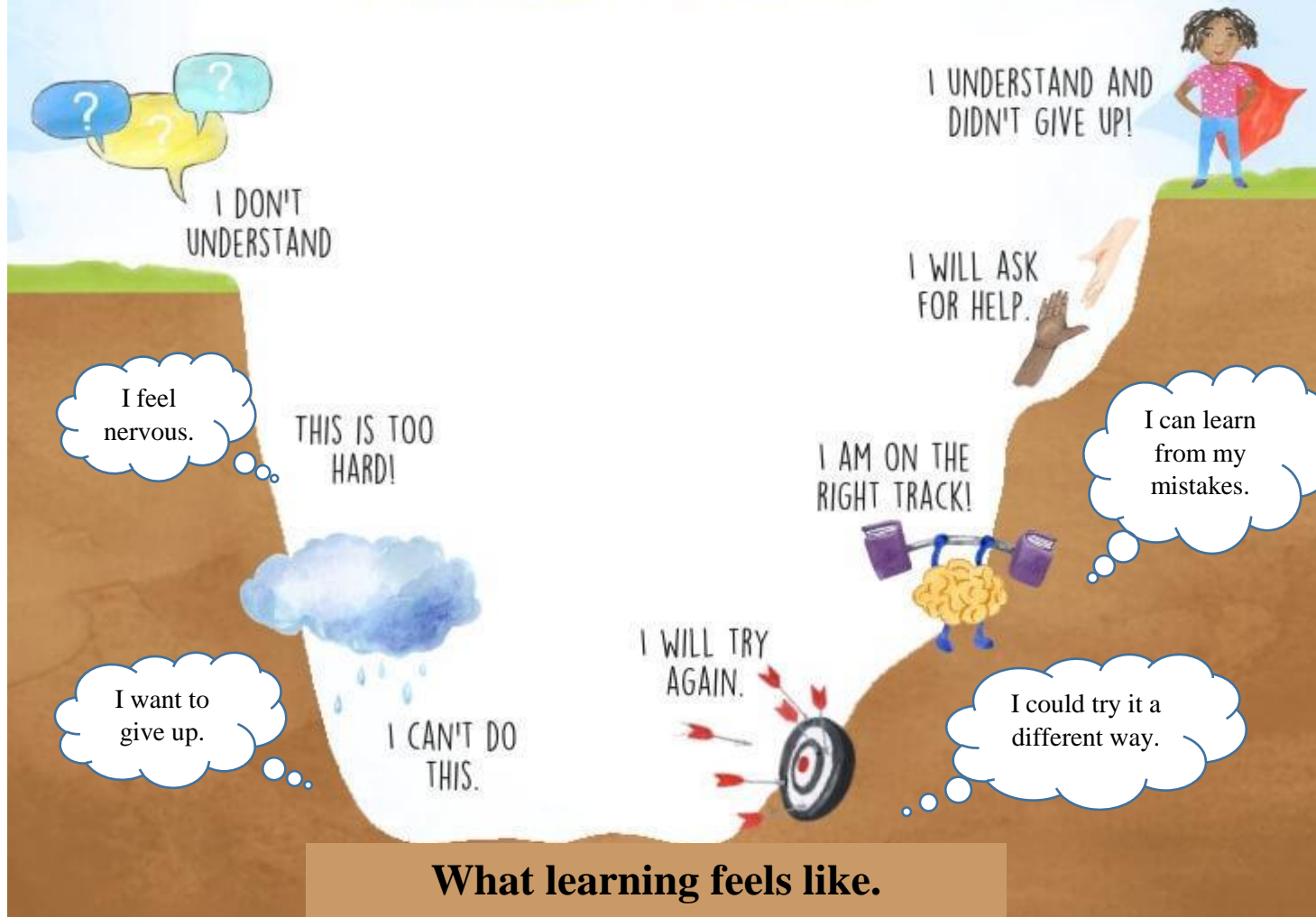
What resources do I need?  
What strategy could I use?  
Where do I start?



**Lottie**

Concentration

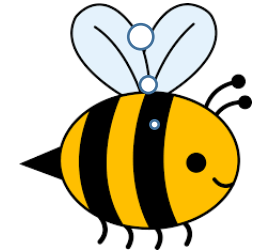
# THE LEARNING PIT



What learning feels like.

## Success!

I will contribute to the group goal.



Co-operation



I am going to ignore the distractions.



Resilience



I wonder what would happen if ...



Curiosity



Concentration

I need to listen carefully.

