



WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN KORMA	PASTA CARBONARA	ROAST CHICKEN	SHEPHERDS PIE	FISH FINGERS & CHIPS
VEGETARIAN	MILD QUORN CURRY	MACARONI CHEESE	HALOUMI & VEGETABLE TART	SHEPHERDLESS PIE	FISHLESS FINGERS
SIDES	RICE & SWEETCORN	GARLIC BREAD & PEAS	ROAST POTATOES & VEGETABLES	GRAVY CARROTS	CHIPS, BEANS & PEAS
PUDDINGS	CHOCOLATE CHIP SPONGE	JAM & COCONUT TRAYBAKE	JELLY	STICKY TOFFEE PUDDING & CUSTARD	STRAWBERRY MOUSSE



WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHILLI CON-CARNE	CHICKEN & WINTER VEGETABLE CASSEROLE	ROAST PORK	BEEF LASAGNE	FISH FINGERS & CHIPS
VEGETARIAN	QUORN CON-CARNE	WINTER VEGETABLE CASSEROLE	PROVANCALE STUFFED PEPPER	QUORN LASAGNE	JACKET POTATO CHEESE & BEANS
SIDES	RICE PEAS	CARROTS & NEW POTATOES	ROAST POTATOES & VEGETABLES	PEAS, SALAD GARLIC BREAD	BAKED BEANS & PEAS
PUDDING	SULTANA SPONGE & CUSTARD	CHOCOLATE CORNFLAKE TRAY CAKE	JELLY	ICED SPONGE	SHORTBREAD



WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BEEF HOTPOT	CHICKEN & VEGETABLE PIE	ROAST GAMMON	SAUSAGE & BEAN CASSEROLE	FISH FINGERS & CHIPS
VEGETARIAN	VEGETABLE HOTPOT	ROAST TOFU & VEGETABLE PIE	ROAST QUORN SLICE	QUORN SAUSAGE & BEAN CASSEROLE	BUTTERNUT SQUASH & FETA PARCEL
SIDES	CARROTS & PEAS	GREEN BEANS & NEW POTATOES	ROAST POTATOES & VEGETABLES	CARROTS & MASH	BAKED BEANS & PEAS
PUDDING	CHOCOLATE & PLUM CAKE	APPLE CRUMBLE & CUSTARD	JELLY	FLAPJACK	ICE CREAM