



# STEPHEN HAWKING SCHOOL

## Playdough



### Recipe

#### You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

#### Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth dough
4. Store in a plastic container in the fridge to keep it fresh

#### Variations

You can add different ingredients to make different textures/smells. For example:

- Glitter
- Tea leaves
- Vanilla essence
- Shredded coconut
- Herbs and spices
- Seeds (e.g. pumpkin, sunflower)
- Dried fruit

#### Sand playdough

2 cups clean sand  
1½ cups plain flour  
½ cup salt  
2 tablespoons oil  
1 cup water  
Food colouring  
Mix together

#### Cloud dough

4 cups plain flour  
½ cup baby oil  
Mix with a wooden spoon and then squeeze and press with fingers to blend oil throughout oil

**Do not use with children who may put it in Their mouths**

#### Gingerbread playdough

Add: 2 tablespoons allspice  
1 tablespoon cinnamon  
1 tablespoon ground ginger  
(Make gingerbread people for the story)



## Things to do with playdough



Press it



Pull it



Poke it



Roll it



Find things to stick into the playdough. For example:

- Things from the park- sticks, pine cones, stones, etc.
- Feathers
- Buttons
- Shells
- Pasta shapes
- Beads



Rolling and cutting out using biscuit cutters, etc.



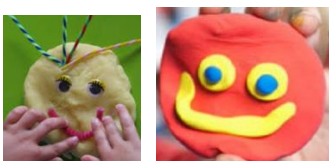
Make marks and patterns



Practise cutting with a child's knife or scissors



Hide things in the playdough for your child to find



Make playdough faces



Make a playdough animal or monster



Add currants to brown playdough and add a red cherry on top.

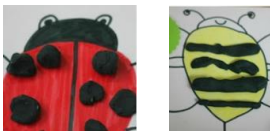
Use for the song '5 Currant buns in a baker's shop'  
(See YouTube- 5 currant buns BBC)



Make a playdough sweetshop or bakery



Make a Gruffalo



Paint insect outlines (e.g. ladybird, bee, butterfly) and decorate with playdough

Throw a dice and add corresponding number of spots to the ladybird



Have a tea party for dolls/teddies, using the playdough to make party food



Make a playdough pizza

For more ideas see:

- <https://artfulparent.com/39-ideas-for-playing-with-playdough/>
- <https://theimaginationtree.com/play-dough/>
- <https://www.learning4kids.net/list-of-play-dough-activities/>