



# Online Safety News

**Pennoweth School**

**December 2019**



## TOP TIPS:

### ✓ Explore together

The best way to find out what your child is doing online is to ask them to tell you about it. Encourage them to use devices in communal areas so you can see what sites they're visiting and share with them.

### ✓ Check if it's suitable

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. The minimum age limit is 13 for several social networking sites, including Facebook and Instagram.

### ✓ Agree boundaries

Be clear what your child can and can't do online - where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

### ✓ Put yourself in control

Make use of the parental controls on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting [internetmatters.org](http://internetmatters.org).

## Helpful websites:

Common Sense Media – this website provides reviews and age recommendations for films, games and apps. The 'What Parents Need To Know' section is very helpful.

<https://www.commonsensemedia.org/>



✓ common sense media®

Internet Matters – this website shows you step by step how to set up parent controls on various networks. The parental controls will filter inappropriate content. <https://www.internetmatters.org/parental-controls/broadband-mobile/>

**internet  
matters.org**