



Spring Sunshine and Teeth

I really do hope that you took my advice last week to get outside into the Spring weather and enjoy nature, the sunshine and the positivity that this time of the year brings. Each day there is new growth to see and with that brings optimism and positive energy and helps us all shake off the wet and dark winter days! What a wonderful week it has been and the feeling of the warmth of the sunshine has been brilliant. Enjoy the weekend!

I must, today, share with you my annual health message about oral health and looking after your children's teeth. When I was a boy dentistry and preventative oral care was not really understood. When I was a Primary School boy my mum would drag me to the dentist along with my sister. My sister, who was older and rather bossy and irritating, would invariably get into the chair first, have a quick check up and after given the all clear, would smile at me in a knowing and intensely irritating way! Feeling annoyed I would jump into the chair with a slight sense of hope but, also a sense of dread, in the knowledge that my previous visits there were never pleasant. I feel sure that the dentist was operating on some sort of bonus system and having not picked up a bonus after examining my sister's teeth, he was determined to make up for it with me. In those days they had, what seemed to be an enormous metal Praying Mantis of a drill hanging menacingly over me, just waiting to dive into my mouth and drill slowly and deeply into my precious teeth! My recurring nightmare since has often involved seeing this dentist driving around in a sparkling, white Rolls Royce paid for by the bonuses he received from the number of fillings he gave me as a boy!

I joke of course but my message is simple and comes from a place that I do hope will help you as parents and certainly your children. Over the past month I have been sad to hear that a number of our children have had to have 6, 7, 8, 9 teeth taken out because of serious decay. Some of these children are the youngest children in our school and that really worries me. I am not trying to tell parents what to do or make people feel bad parents because, as a dad of a four year old child, I know how difficult it can be to get them to clean their teeth.

Research shows that children cannot be allowed to take the responsibility to clean their teeth on their own. Babies, even without teeth, need to have their gums brushed to get them used to the experience and certainly, as soon as teeth start appearing, they need to be brushed by adults. Dentists recommend that parents need to clean their child's teeth for them up to the age of eight and teeth need to be cleaned a minimum of twice a day. Children need the opportunity to have a go at cleaning their teeth and, as parents, we need to teach them to do this properly and talk to them about oral hygiene. Use those tablets to help them see where there is a build up of bacteria and teach them the correct cleaning action. Dentists recommend the rotating tooth brushes and also smaller brushes to get into the more difficult to reach cavities.

Some people may say that children's first teeth will fall out so it doesn't matter but, research again says that poor dental hygiene and rotten teeth will impact upon the second teeth and, they will grow through already damaged or weaker as a result. Looking after your teeth is very important and visits to the dentist are essential. If your children are not registered with a dentist, please do so and get regular check-ups because developing good habits when they are young, will save them money, pain and look so much better and remember that our teeth should be with us for life!

General Data Protection Regulations. The information being collected will only be used within the guidance of the GDP regulations. More information can be found on our website.

www.pennoweth.cornwall.sch.uk/dataprotection

What's for lunch?

Monday	Cheese & tomato pizza (V) OR Bbq chicken pizza Sweetcorn, fine green beans Cheese scotch egg (V) Callestick ice cream pot & wafer
Tuesday	Fish cake, lemon mayonnaise Cornish creamed potato Baked beans, peas Vegetable wellington (V) Iced cranberry, mango & lime cake
Wednesday	Local roast gammon, pineapple, gravy, Cornish roast/boiled potatoes Cornish carrots and cabbage Cauliflower cheese bake (V) Chocolate, beetroot & orange sponge & chocolate custard
Thursday	Chicken tikka, mango chutney Mixed brown & white rice Homemade soup, bread & Cornish butter (V) Fruit Jelly
Friday	Oven baked battered fish, lemon slice Avon cheese puff (V) Chips/ fresh baked rusty roll peas/mushy peas or baked beans Iced finger

Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of this valuable time.

We hope that when you have read the information outlined on our website, you will consider that your child's education is too important to take holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty notice being issued under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action

Unauthorised Late Marks Information

If your child is arriving late - after the register has closed at 9am, it will be coded as a U which, is an unauthorised late mark. If your child accrues 10 unauthorised late marks within 100 sessions (10 weeks) you will be committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you., issuing a penalty notice under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2,500 and / or custodial sentences.

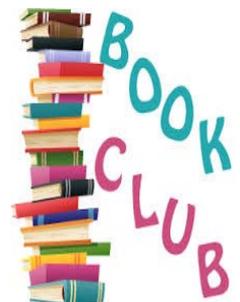
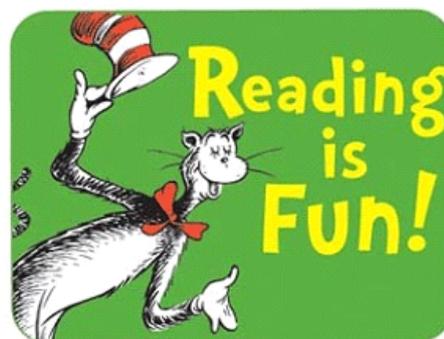
CHARITY HAIRCUT



A HUGE well done to Emelija in Mrs Shami/Miss Tonkin's class for making the brave choice of having her long hair cut for charity, this will help towards the making of wigs for children.

Pennoweth Library News

Every day in the school library between 8.00am and 8.30am *everybody welcome*



REMINDER

After School Clubs, Singing Lessons and Music Lessons have all finished now until after the Easter Holidays.



Lost Property

All lost property will be on display in the hall on Wednesday 3rd April at 3.15pm. Any unnamed, unclaimed items will be donated to either our school clothing bank or a local clothes bank on Friday 5th April.

RLG DANCE

We must say a MASSIVE thank you to all who deposited the blue Tesco tokens in our favour. We are incredibly pleased to say that all our efforts paid off. We were in 1st position securing £4000 towards the future of this wonderful project.



Thank you to ALL who either walked, rode bikes or scootered to school on Monday. We had a great turn out supporting our school and SUSTRANS Big Pedal.

Several children and parents were interviewed by a Radio Cornwall reporter live on the breakfast programme.

LOST ITEM

Pair of black karate trousers with a green tab - not seen since Y3/4 dance event. Has any one taken these home by mistake? Please check, as they are needed for a karate grading session.

THANK YOU

Pupil of the Week

FS1/LK: Kingsley
FS2/1FM: Jack
1/2SH: Tilly
1/2CHT: Jenson
2SD: Fletcher
3S/T: Vivien
3/4RT: Jack
4DS: Kiera
5/6PB: Mason
5/6MW: Gvidas
5/6MD: Whitney



Blue Cards

1/2SH: Tilly x 2, Gracie-Mae, Sofia, Bobby

2SD: Lewis, Lily, Ben, Amelia, Summer, Amber, Ellie, Israel, Iesha, Jenny

3/4RT: Zennor, Archie

WELL DONE ALL



Weekly Diary Dates

Mon 1st- 9.00-10.30am stay and play in hall
Mon 1st - 3.30pm Porthpean camp meeting in hall
Tue 2nd - Reception trip to Trevaskis Farm
Tue 2nd - Miss Blight's class swimming 12/12
Wed 3rd - Nursery trip to Trevaskis Farm
Wed 3rd - 10.30am Mr Williamson's class assembly
Wed 3rd - Mrs Shami/Miss Tonkin's class swimming
Wed 3rd - Yr5/6 Quad kids at Redruth School
Wed 3rd - 3.20pm Lost Property displayed in hall
Thurs 4th -1.30pm Crofty Celebration Concert at Pool School
Thurs 4th - 10.30am Miss Dunstan's class assembly
Fri 5th - 10.30am Miss Blight's class assembly
Fri 5th - TEMPEST CLASS PHOTOS

Term Dates

Spring term - 7th January - 5th April - (school finishes at 2pm)

**After School Care available until 6.00pm.
Please book in advance.**

Easter holidays - 8th April- 22nd April

Summer term - 23rd April - 25th July, **please note that the 25th July is a Training Day - NO After School Care available on that day.**

Half term - 27th May - 31st May (school finishes at usual time)

Training day - 3rd June - **After School Care will be available, please book in advance**

24th July - School finishes at 2.00pm

**After School Care available until 6.00pm.
Please book in advance.**

Advance Notice of Forthcoming Events

April

1st-Continuous cricket at Truro Yr1/2
1st—Porthpean camp meeting at 3.30pm in school hall
2nd—Reception children Trevaskis Farm visit
3rd—Nursery Trevaskis farm visit
3rd-Yr5/6 Quad kids at Redruth School
5th - **TEMPEST IN FOR CLASS PHOTOS**

23rd - School re-opens, start of Summer term
26th - 5/6PB Glendurgan trip

May

8th - 10th - Yr3/4 Porthpean residential camp
13th - Yr6 SATs week

June

10th - 14th Yr5 Isles of Scilly residential camp
17th - 21st Yr6 London residential camp

July

8th - EYFS sports day
10th - Reports being sent home
11th - KS1 sports - am - CHANGE OF DATE
11th - KS2 sports - pm- CHANGE OF DATE
12th - Summer fayre tbc
22nd Whole school Awards Evening
23rd - Yr6 Leavers and Presentation evening

The class with the highest attendance this week is - Miss Dunstan's.

WELL DONE

Position	Class	%
1st	5/6MD	97.2
2nd	2SD	97.0
3rd	4DS	96.6
4th	5/6MW	96.4
5th	3/4RT	96.3
6th	1/2CHT	95.9
7th	5/6PB	95.8
8th	FS2/1FM	95.6
9th	FS2/LK	95.4
10th	1/2SH	95.3
11th	3S/T	95.2

Throughout the year, we will distribute fliers and magazines offering family services or post details of local activities on the newsletter. Whilst we think that parents might like the information and find it useful, the school does not endorse these services.