



**Pennoweth Primary School**  
**PSHE Curriculum Map 2020-21**  
 (based on Lifewise PSHE and Activity Scheme)

	<b>AUTUMN 1</b>	<b>AUTUMN 2</b>	<b>SPRING 1</b>	<b>SPRING 2</b>	<b>SUMMER 1</b>	<b>SUMMER 2</b>
<b>YEAR 1</b>	BRAVING THE WEATHER  ROAD SAFETY  EMERGENCY SERVICES	COMMUNICATION  TRUST  <i>FIREWORK SAFETY</i>	SAFETY SYMBOLS  FOOD AND WHAT NOT TO EAT  WATER SAFETY	<i>MY BODY BELONGS TO ME</i>  <i>CARING FOR ANIMALS</i> <i>ANIMALS AND OUR LIVES</i>	<i>CARING FOR NATURE</i>  SIGNALLING AND SIGN LANGUAGE  <i>SAVE OUR EARTH!</i>	<i>GROW YOUR OWN!</i>  <i>RUNNING OUT OF RESOURCES</i>  <i>RECYCLING AND WASTE</i>
<b>YEAR 2</b> <b>FOREST SURVIVAL NAVIGATION</b>	HAPPINESS  IT'S OKAY NOT TO BE OKAY ANGER - DIFFICULT FEELINGS AND BEHAVIOUR	FEELING SAD  A PROBLEM SHARED IS A PROBLEM HALVED  DEALING WITH LOSS	PERSONAL GOAL SETTING  THE ART OF FAILURE  RELAXATION	<i>MY BODY IS GROWING</i>  FIRE SAFETY  FIRST AID/CPR	FIGHT OR FLIGHT  DESERT ISLAND  <i>MEDICINES AND DRUGS</i>	ENVIRONMENT  WILDLIFE  CYBER SAFETY
<b>YEAR 3</b>	RELATIONSHIPS WITH OTHERS  HELPING OTHERS TO GET HELP  GROWTH MINDSET	MINDFULNESS  SELF-IMAGE  ANXIETY	STRESS  PROBLEM SOLVING AND TIME MANAGEMENT  SELF-WORTH	<i>MY BODY, YOUR BODY</i>  <i>RENEWABLE ENERGY</i>  <i>LIVING WITH LITTLE</i>	<i>PLAYING OUTSIDE</i>  <i>DARES AND CRAZES</i>  <i>BULLYING AND TEASING</i>	<i>SAFETY AT HOME</i>  <i>HONESTY</i>  <i>YOUNG CARERS</i>
<b>YEAR 4</b>	RESPECT  PROBLEM SOLVING AND RESOURCEFULNESS  LEADERSHIP	A BALANCED DIET  HEALTHY EATING  THE IMPORTANCE OF PHYSICAL ACTIVITY	WHERE DOES MY FOOD COME FROM?  SLEEP  SCREEN TIME	<i>KEEPING MY BODY SAFE</i>  <i>VACCINATIONS AND DISEASE</i>  <i>FOOD ALLERGIES</i>	<i>FOOD HYGIENE</i>  <i>DRINKING AND DRIVING</i>  <i>PANIC ATTACKS</i>	<i>TAKING CARE OF OUR ELDERLY</i>  <i>ALZHEIMER'S AND DEMENTIA</i>  <i>GOING INTO HOSPITAL</i>
<b>YEAR 5</b> <b>*FGM RESOURCES AVAILABLE</b>	LEARNING  RESILIENCE  TEAMWORK	DEALING WITH ADVERSITY  RESPONSIBILITY AND INSPIRATION  BODY LANGUAGE AND COMMUNICATION	YOU GET OUT WHAT YOU PUT INTO LIFE  COMMUNICATING EFFECTIVELY  THE DIGITAL WORLD	RESPECTING OTHERS - BOUNDARIES AND BELIEFS  <i>MY BODY CHANGES</i>  THE NHS	SUPPORTING THE COMMUNITY  SAVING MONEY  BORROWING MONEY	JUNK FOOD  NUTRITIONAL VALUES  THE HUMAN BODY
<b>YEAR 6</b>	FROM LEARNING TO WORKING  HOW TO WRITE A CV  ENTREPRENEURSHIP/ ENTERPRISE AND BUSINESS	THE POWER OF NEGOTIATION  THE GOVERNMENT  THE LAW	THE ORGANISATION OF LIFE  TAX  BANKS	PENSIONS  <i>MY AMAZING BODY</i>  <i>DRUGS, ALCOHOL AND SMOKING</i>	SPORT AND RACISM  RADICALISATION  TERRORISM AND KEEPING SAFE	CARRYING WEAPONS  GAMBLING AND DEBT  PUBLIC TRANSPORT
* SURVIVAL * WELL-BEING * LIFESTYLE * LIFE PREP * SEX EDUCATION * DRUGS AWARENESS * FGM YEAR 5 RESOURCES * * TOPICS IN ITALICS = COMING SOON *						