

NORTHUMBERLAND

COUNTY COUNCIL

Lowick and Holy Island C of E First Schools

• 30 Main Street • Lowick • Berwick-upon-Tweed • TD15 2UA • Tel (01289)388268

Website: <http://www.lowickholylislandschools.org.uk>

Email: Admin@lowick.northumberland.sch.uk

Headteacher – Rebecca Simpson

rebecca.simpson@lowick.northumberland.sch.uk

Interim Assistant Headteacher – Duncan Mitchell

duncan.mitchell@lowick.northumberland.sch.uk

21st May 2018

Dear Parent/Carer,

The NSPCC *Speak out. Stay safe.* programme is visiting our school on 4th June to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their ***Speak out. Stay safe.*** programme. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school.

"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback

What is the *Speak out. Stay safe.* Programme?

Through child-friendly, interactive assemblies for the whole school their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and abuse, without using scary words or adult language.

We have discussed the content of the materials and heard from other schools that have participated and are extremely confident that they are appropriate for our children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

Julie Raistrick- Head Teacher Ovingham C of E First School

"We were delighted to have the NSPCC team come to school to talk about keeping safe to all of our first school pupils. The messages given to the year groups were clear, helpful and age appropriate, delivered with the aid of 'Buddy' the mascot!

The sessions were well received by all pupils and they now understand about staying safe and speaking out if they feel something isn't right."

If you would like any more information about the NSPCC ***Speak out. Stay safe.*** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come into speak to me and I can provide more information.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of



child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from abuse.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely,

Rebecca Simpson