



PE Curriculum

EYFS

2020/2021

Hadleigh Infants PE overview 2020/2021

Early years	Autumn 1 7 weeks	Autumn 2 7 Weeks	Spring 1 6 Weeks	Spring 2 6 Weeks	Summer 1 5 Weeks	Summer 2 7 Weeks
Wednesday	Dance	Dance	Gymnastics	Gymnastics	Games	Games
Nursery Wednesday	Dance	Dance	Gymnastics	Gymnastics	Games	Dance
Nursery Friday	Active games -hopping, skipping, jumping	Active games -hopping, skipping, jumping	Active games -balancing	Active games -balancing	Active games -running, stopping	Active games -running, stopping

Get set 4 PE Scheme of work links

Dance

<https://www.getset4pe.co.uk/lesson/eyfs/fundamentals-unit-1/schemeofwork?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/fundamentals-unit-2/6?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/dance-unit-1?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/dance-unit-2?years=1006,1007>

Gymnastics

<https://www.getset4pe.co.uk/lesson/eyfs/fundamentals-unit-1/schemeofwork?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/fundamentals-unit-2/6?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/gymnastics-unit-1?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/gymnastics-unit-2?years=1006,1007>

Games

<https://www.getset4pe.co.uk/lesson/eyfs/introduction-to-pe-unit-1/schemeofwork?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/introduction-to-pe-unit-2/schemeofwork?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/ball-skills-unit-1?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/ball-skills-unit-2?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/games-unit-1?years=1006,1007>

<https://www.getset4pe.co.uk/lesson/eyfs/games-unit-2?years=1006,1007>

Early Learning Goals/ Key objectives

Physical: I can handle equipment effectively.

Physical: I can move confidently in a range of ways.

Physical: I can safely negotiate space.

Physical: I can show good control and co-ordination in small and large movements.

Physical: I can talk about ways to keep healthy and safe.

Physical: I know the importance for good health and physical exercise.

Social: I play co-operatively, taking turns.

Social: I am sensitive to others' feelings.

Emotional: I am confident to try new activities.

Emotional: I ask for help if needed.

Thinking: I can talk about my own ideas and use them in response to a task.

Thinking: I understand and follow rules.