

COVID-19:



HINS risk assessment for Physical Education

Approved by: SP	Date: September 20
Last reviewed on:	October 20
Next review due by:	November 20

Introduction:

This risk assessment has been prepared, based on the DfE Guidance on the Full Opening of Schools in September 2020, to support the Physical Education, School Sport and Physical Activity (PESSPA) at Hadleigh Infants and Nursery School.

We, at Hadleigh Infants and Nursery School will regularly check the Government website (GOV.UK) for updates and adjust this risk assessment accordingly in consultation with our governing body.

Below are three key questions we have considered in this risk assessment:

- Have we reviewed our risk assessments to ensure the safety and wellbeing of all personnel?
- Does our teaching and learning meet Government guidance? www.gov.uk/coronavirus
- Are our teaching plans consistent with the requirement of whole school expectations, which have been developed in response to the national guidance?

Key principles for supporting safe PESSPA include:

- Keeping pupils in consistent groups
- Maximising distancing between pupils
- Prioritising outdoor PE
- Thoroughly cleaning PE equipment between each use by different individual groups
- Avoiding contact sports/activities

We at Hadleigh Infants and Nursery School ensure scrupulous attention is paid to cleaning and hygiene regimes before and after PE lessons or lunch/break time activities.

We also ensure clear notices are displayed around our school exemplifying NHS and Government Guidance.

At Hadleigh Infants and Nursery School we will regularly check the Government website for updates and adjust this risk assessment accordingly in consultation with our employer.

In addition, due to the constantly changing situation, dynamic risk assessments will be carried out and amended to reflect our school's specific controls on an ongoing basis.

CREATING AND MAINTAINING A SAFE CONTEXT FOR LEARNING	WHO AFFECTED? (STUDENT, STAFF, VISITOR)	CONTROL MEASURES TO REDUCE THE RISK TO AN ACCEPTABLE LEVEL	CHECKED BY: (SIGN AND DATE)
Teaching and Learning	Pupils, Staff and Coaches	<p>Pupils will be kept in consistent groups (Class) to complete PE sessions.</p> <p>When completing specific activities during the session children will be able to closely interact with a consistent group of no more than 4.</p> <p>All activities in Physical Education (PE) lessons and Physical Activity (PA) sessions will have limited contact and planned to ensure that distance is maximised between children whenever possible.</p>	

The PE curriculum will be revised and age related expectations agreed by all staff. Some units previously planned may be changed to ensure that children can be as active as they possibly can without requiring too much contact with peers.

Our external and internal coaches will be checked in accordance with our H&S whole school policy and employed to support our curricular activities.

Interventions/catch up support will be planned and delivered, if required.

Staff and pupils with protected characteristics, including race and disability, will be

		considered in planning and delivering Physical Education lessons and Physical Activity sessions.	
Protective Measures and Hygiene	Pupils, Staff and Coaches	<p>Pupils will be kept in consistent groups (Class) to complete PE sessions.</p> <p>When completing specific activities during the session children will be able to closely interact with a consistent group of no more than 4.</p> <p>Scrupulous attention will be paid to cleaning and hygiene.</p> <p>Clear signage and staff prompts will be provided to remind pupils to wash their hands before leaving or entering their</p>	

		<p>classroom/used space - including outside.</p> <p>Pupils will be instructed to use the hand sanitiser when entering and leaving the hall (if completing indoor PE) and when the leave and enter their room (if completing outdoor PE).</p> <p>Sufficient tissues and hand sanitisers will be made available to all staff in addition their PPE bags. Coaches who lead sessions in R, Yr1 and Yr2 will also be supplied a PPE bags.</p> <p>Movement around the PE areas/building will be considered to limit risks. For example, classroom layout, entry and exit points, staggered starts, break times, lunch arrangements</p>	
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		<p>and use of communal staff areas.</p> <p>Any pupil that starts to demonstrate symptoms whilst completing a session should be isolated. Contact SP or JR to move the child. Staff will need to follow the school's main risk assessment linked to dealing with suspected cases.</p>	
Changing areas, clothing and footwear	Pupils, Staff and Coaches	<p>Children will attend school wearing appropriate clothing and footwear to take part in Physical Education lessons and Physical Activity sessions.</p> <p>Children will be asked to wear trainers for PE sessions. These should be worn throughout the day they complete PE.</p>	

		<p>If it is raining, PE should be completed inside. This will prevent the children becoming wet in their active kit which they will wear throughout the day.</p> <p>Pupils will need to wash their hands before and after the PE lesson. (They can use soap or hand sanitiser)</p> <p>Hand sanitiser will also be made available and utilised where needed during sessions.</p>	
<p>Teaching areas</p>	<p>Pupils, Staff and Coaches</p>	<p>Outdoor Physical Education and Physical Activity will be encouraged as much as possible.</p> <p>Pupils will take part in PE and PA with their class.</p>	

		<p>The playground grids will be used to separate children when necessary. Rubber spots/beanbags can also be used as place markers in teaching areas such as the playground, field or hall.</p> <p>Our external and internal facilities will be used in line with government guidance.</p>	
<p>Equipment</p>	<p>Pupils, Staff and Coaches</p>	<p>If equipment has been used and is required to be used again within a 72 hour period it will be cleaned.</p> <p>Sessions will be staggered over a two week cycle to reduce the need for equipment to be used closely together.</p> <p>Multiple groups are not permitted to use PE and</p>	

outdoor equipment
simultaneously.

The sharing of equipment
during PE lessons is limited,
for example we encourage
pupils to use their own
tennis racquet or ball.
Equipment can be used and
shared between the
consistent groups of four.

If equipment is shared,
pupils will wash their hands
thoroughly before and after
use. **Strict hand hygiene
will take place before and
after every PE lesson.**

Drink bottles will not be
shared.

First-Aid kits will be made
accessible and will be used
alongside the PPE bags.

Hadleigh Infants and Nursery School is firmly committed to ensuring pupils can participate in purposeful Physical Education and Physical Activity at this time. Teaching Physical Education at the moment will not be like before, or the preferred model. However, by making adaptations we believe meaningful work can be undertaken; good planning, protective measures and social distancing will be applied consistently across our school.

We are also committed to ensuring that all staff are protected, feel safe and have access to the most up to date guidance.