



PERSONAL, SOCIAL, HEALTH EDUCATION AND CITIZEN POLICY

1 Aims and Objectives

1.1 Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed.

We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

1.2 The aims of personal, social and health education and citizenship are to enable the children to:-

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues including e safety
- Understand what makes for good relationships with others;
- Have respect for others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the school and the wider community.

2 Teaching and Learning

2.1 We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem solving activities. We encourage the children to take part in a range of practical activities that promote citizenship, eg charity fundraising, the planning of school special events such as an assembly or open afternoon, involvement in an activity to help other individuals or groups less fortunate than themselves.

2.2 All classes have PSHE lessons where pupils are able to participate in discussion to resolve conflicts or to set agreed classroom rules of behaviour. They are encouraged to sympathise and empathise with the concerns of other pupils (see Behaviour Policy).

2.3 We offer children the opportunity to hear visiting speakers such as health workers, police officers, firefighters, lifeguards. We also invite representatives from the local churches to talk about their roles in creating a positive and supportive local community including weekly Open the Book assemblies.

2.4 Schools Council - The Schools Council consists of a representative from each year group (Exp EYFS) They meet on a regular basis and play an active role in helping make school decisions. This helps prepare them to play an active role as citizens.

3 PSHE and Citizenship Curriculum Planning

3.1 We teach PSHE and citizenship in a variety of ways. In some instances, eg drugs education, we teach PSHE and citizenship as a discrete subject based on SEAL and R time materials.

3.2 Some of the time we introduce PSHE and citizenship through other subjects, eg Literacy, Humanities and RE and science.

3.3 We offer residential visits in Key Stage 2 where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and co-operative skills.





4 Assessment and Recording

- 4.1 Teachers assess the children's work in PSHE and citizenship by making informal judgments as they observe them in and out of class. We have clear expectations of what the pupils will know and understand.

5 Resources

- 5.1 We keep resources for PSHE in a central store.

6 Monitoring and Review

- 6.1 The Headteacher is responsible for monitoring the standards of PSHE teaching and activities throughout the school.

Reviewed Dec 16

Next review date Dec 18