

Spring / Summer 2019 Menu



with The
Greens

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 - 22ND APR, 13TH MAY, 10TH JUNE, 1ST JULY, 22ND JULY, 16TH SEPT, 7TH OCT				
Classic Margherita Pizza Slice with Potato Salad	Beef Bolognese with Pasta and Garlic Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Creamy Chicken Curry with Rice	Fish Fingers with Tomato Ketchup and Chips or Pasta
Veggie Sausages in a Roll with Potato Salad	Vegetable and Bean Pasty with Mash Potatoes	Vegetarian Cottage Pie with Gravy	Jacket Potato with a Choice of Fillings	Cheese and Tomato Quiche with Chips or Pasta
Sweetcorn and Carrots	Peas and Cauliflower	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Apple Flapjack Crumble with Custard	Carrot and Courgette Cake	Ice Cream with Red Berry Sauce	Fairtrade Banana Cake with Custard	Traybake and Fruity Friday (Vanilla Shortbread with Fruit Slices)

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2 - 29TH APR, 20TH MAY, 17TH JUNE, 8TH JULY, 2ND SEPT, 23RD SEPT, 14TH OCT				
Macaroni Cheese with Herby Bread	Sticky Texas Style BBQ Chicken with Rice	Roast Gammon, Gravy and Roast Potatoes	Beef Burger in a Bap with Potato Salad	Battered Fish Fillet with Tomato Ketchup and Chips or Pasta
Quorn Burger in a Bap with Tomato Relish and Oven Baked Potato Wedges	Cheesy Topped Tomato and Basil Pasta Bake with Garlic Bread	Vegetable and Chickpea Wellington with Gravy and Roast Potatoes	Jacket Potato with a Choice of Fillings	Cheesy Courgette Sausages with Chips or Pasta
Peas and Coleslaw	Sweetcorn and Cabbage	Carrots and Broccoli	Peas and Green Beans	Baked Beans and Sweetcorn
Chocolate Whip	Pear Marble Sponge with Chocolate Sauce	Fruity Jelly and Ice Cream	Custard Biscuit	Traybake and Fruity Friday (Flapjack with Fruit Wedges)

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3 - 6TH MAY, 3RD JUNE, 24TH JUNE, 15TH JULY, 9TH SEPT, 30TH SEPT				
Tuna Pasta Served with Tomato Bread	Pork Sausages with Mash and Gravy	Roast Turkey with Stuffing, Gravy and Roast Potatoes	Chilli Beef with Vegetable Rice	Fish Fingers or Salmon Fish Fingers with Tomato Ketchup and Chips or Pasta
Vegetable and Bean Pie with Mash and Gravy	Veggie Sausage Roll with Mash	Vegetable Crumble, Gravy and Roast Potatoes	Jacket Potato with a Choice of Fillings	Vegetable Curry with Chips or Pasta
Green Beans and Cauliflower	Carrots and Peas	Broccoli and Spring Cabbage	Sweetcorn and Green Beans	Baked Beans and Peas
Apple Syrup Sponge with Custard	Chewy Chocolate Cookie	Peaches and Ice Cream	Vanilla Muffin	Traybake and Fruity Friday (Chocolate Crunch with Fruit Salad)

Dishes with wholegrain ingredients to increase fibre and promote healthy digestion

Dishes which contain an extra half portion of vegetables (in addition to the vegetables and salads served as an accompaniment with every meal)

Dishes which contain at least half a portion of fruit, to help pupils in the way to achieving their 5 A DAY!