



# Penryn Primary Academy

Treverbyn Rise, Penryn, Cornwall, TR10 8RA

 01326 373290

 [www.penrynprimary.org](http://www.penrynprimary.org)

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## PENRYN PRIMARY ACADEMY – PHYSICAL EDUCATION POLICY 2019 – 2020

### INTENT

At Penryn Primary Academy our intent for Physical Education and Sport is that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that, through all the sporting opportunities and physical activity we offer, the children will develop a love and passion for sport and continue this into their later lives.

We provide the children with at least 90 minutes of fun, exciting and active PE lessons every week and to keep the children healthy and active every day by offering up to 55 different after schools clubs over the course of the academic year (over 330 hours) in a variety of sports and activities

At Penryn we are fortunate to have a newly renovated swimming pool which we utilise in providing up to 76 hours of swimming a year to children starting in Year 1. Our aim is to provide structured swimming lessons in order to develop confident, competent swimmers who can achieve above the National Standard.

At Penryn, we also strive to give as many children as possible the opportunity to compete in a variety of competitions, during school time or by representing the school at local events through our partnership with Penryn College. We hope that in doing so the children will develop greater confidence, team work and learn to win or lose with grace and sportsmanship.

As part of our wider PE offer, we create sporting leaders during the children's time at Penryn. We aim to offer lots of children the opportunity to lead sporting activities, organise games/ events and learn to lead by example. By emphasising leadership, we hope the children learn the importance of communication, organisation, team work, resilience, perseverance and a respect for rules.


### **Physical Education makes a significant contribution to modern society;**


- The basic skills of movement that we develop through physical education act as a platform for a healthy and physically able lifestyle.



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- Physical education promotes positive mental health whilst reducing the risk of physical illnesses such as heart disease and other sedentary illnesses.
- Positive experiences of physical education at school help create a pattern of life long participation in physical exercise.
- Team sports support the development of team work, communication, resilience and other social skills.

## Intent

To implement the current legal requirements of the Foundation Stage (FS) and the National Curriculum (NC).

- To foster positive attitudes, fascination and excitement of discovery through the teaching and learning of new and exciting sports such as Fencing and Archery.
- For our children to be empowered and perceive themselves as confident physically able young people
- To broaden children's knowledge and understanding of how physical literacy is used in the wider world.

## EYFS

In EYFS PE is taught through the area of Physical Development, which is a Prime Area. As such, it is considered to be a fundamental area of the curriculum that supports development in all areas. There are 2 aspects of Physical Development – Moving & Handling and Health & Self Care.


In our Nursery and Reception classes aspects of Physical Development are taught on a daily basis through Continuous Provision areas, outdoor activities, understanding of the world, literacy/specific fine motor activities and finger gym exercises. In Reception, this is further developed with a weekly PE lesson. We follow the Development Matters curriculum and use the Real PE, Healthy Movers & Born to Move schemes to help deliver this. Every half term there is a different focus to ensure the development of fundamental skills:


- Using equipment safely
- Exploring ways of moving & negotiating space
- Balancing, rolling & jumping
- Bean bag & ball skills
- Apparatus Skills
- Agility/ sports day activities & swimming



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In the summer term, Reception will have the opportunity to swim and all of EYFS will work towards an agility / Sports Day. As part of Aspire Academy Trust and the Penryn PE Partnership we take part in other Physical Development opportunities with an EYFS focus as they arise, such as MAT Sports Days and Balance Bike Festivals.

We use Tapestry, our online learning journal, to record and track children's progress and achievements in PE against the Development Matters statements. Children who need additional help are identified and interventions put in to place when appropriate e.g. Top to Toe, fine motor interventions.

Children's progress within Physical Development is reported to parents through settling in and focus child meetings throughout the year. In line with statutory requirements children are assessed against the Early Learning Goals for Physical Development at the end of the Reception year and this is reported to the LA and parents.

## In KS1 At Penryn

Pupils are taught to:

- Master basic movements including running, jumping, throwing and catching
- Developing balance, agility and co-ordination, and begin to apply these in a range of activities through our extensive session plan program
- Participate in team games, developing simple tactics for attacking and defending through our inter-school competition planned and delivered by our PE coordinator
- Perform dances using simple movement patterns through the Borne to Move program which some of our teachers have been trained to deliver

## In KS2 At Penryn


Pupils are taught to:

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games of badminton, basketball, cricket, football, hockey, netball, rounders, dodgeball and tennis
- Apply basic principles suitable for attacking and defending



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- Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)
- Perform dances using a range of movement patterns through the Born to Move program
- Take part in outdoor and adventurous activity challenges both individually and within a team through our Forest School Program
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best

These skills are then implemented through inter-school and cross school competition supported by our partnership with Penryn College

## Planning

The school delivers the requirements of the national curriculum primarily through the sessions designed by the school's P.E scheme of work. It is a unique Physical Education programme that's carefully crafted to ensure small step progression and help every child master each activity/sport throughout the curriculum.

Staff are expected to follow the long-term plan provided and use their small step progression and simplification objectives. Furthermore, staff also skilfully craft Physical Education into cross-curricular lessons, where it is used to enhance their knowledge.

## Assessment

Children are assessed throughout each half-term based on a variety of different tasks linked to the session plans provided. This data is correlated on the assessment grid to identify key areas for intervention. Our assessment grid is stored on SharePoint in order to make it assessable at all times.

