

















I am independent!

I can...		Colour in the happy face when you can do this.
Fasten my shoes		
Put on/take off my coat		
Wash my hands before eating and after going to the toilet.		
Go to the toilet by myself.		
Use a knife and fork		
Dress myself		
Undress myself		
Go to the toilet by myself		

If you can do all of the above, well done!

If not, you just can't do it yet! Keep practising and you'll get there.