

Let's Talk More Everywhere in October - November

Try not to have noise, or other distractions in the background:

Spend some time, every day, playing and talking with your child with no noise in the background. You will need to turn off the telly / tablet / radio while you do. You may even need to close the door to block out noise, to make it easier for your child to concentrate and listen while they are playing.

Why?

Young children can't block out background noise like we can. Having some quiet time with you every day will help them learn to:

- tune in and listen to you
- concentrate
- understand words and sentences
- use words themselves
- build the skills they need to read and write

When it's quiet, your child will be more likely to notice everyday noises (like dogs barking or a noisy bus) - point these out and talk about what they are.

Make sure you are face to face with your child when you talk so they can see the way your mouth moves - this way they can hear the sounds and see your mouth move at the same time giving them the chance to learn new words more easily.