



Mongleath Road  
Falmouth  
Cornwall  
TR11 4PW

Telephone: 01326 314540

email: [secretary@st-marys-fal.cornwall.sch.uk](mailto:secretary@st-marys-fal.cornwall.sch.uk)  
[www.st-marys-fal.cornwall.sch.uk](http://www.st-marys-fal.cornwall.sch.uk)

## St Mary's Catholic Primary School

Executive Headteacher: Mrs D Bolton  
Head of School: Mrs L Draycott

22<sup>nd</sup> June 2021

Dear Parents,

We have been informed that a child in Year 6 has tested positive for Covid-19. This means that the Year 6 bubble will now need to isolate for 10 days from the last contact with the child, which was Saturday. The children will be able to return to school on Wednesday 30<sup>th</sup> June. Siblings of children isolating are still able to come to school, unless your child develops symptoms of Covid-19.

Mr. Boyes will provide home learning via Showbie, as well as some live lessons. Please encourage your child to take part in these lessons and to complete the work set on Showbie.

### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.





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### Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

#### Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Demelza Bolton

Executive Headteacher





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