



Mongleath Road
Falmouth
Cornwall
TR11 4PW

Telephone: 01326 314540

email: secretary@st-marys-fal.cornwall.sch.uk
www.st-marys-fal.cornwall.sch.uk

St Mary's Catholic Primary School

Executive Headteacher: Mrs D Bolton
Head of School: Mrs L Draycott

25th June 2020

Dear Parents/ Carers,

We are delighted to announce that our school is participating in a brand new Relationship Education programme for Catholic primary schools, titled **Life to the Full**. You may hear your child coming home talking about this and we want to give you a brief overview of this new programme.

As you may be aware, Relationship Education becomes statutory for all primary schools from September 2020. The **Life to the Full** programme is based on 'A Model Catholic RSE Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition there will be an online parent platform so that you, as parents and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit:

www.tentenresources.co.uk/parent-portal

School Username: **st-marys-tr11**

School Password: **falmouth-11**





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The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after-year, the learning will develop and grow, with each stage building on the last.

The following information is for children in Lower KS2 (Years 3 and 4).

Module One: Created and Loved by God

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

In Years 3 and 4, children will be taught about understanding differences, respecting our bodies, puberty and changing bodies (recommended for Year 4+), strategies to support emotional wellbeing including practicing thankfulness, and they will develop an understanding of life before birth.

Module Two: Created to Love Others

Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe. This religious understanding is then applied to real-world situations relevant to the age and stage of the children.

The sessions here help children to develop a more complex appreciation of different family structures and there are activities and strategies to help them develop healthy relationships with family and friends; here, they are also taught simplified Cognitive Behavioral Therapy (CBT) techniques for managing thoughts, feelings and actions.

Once again, for the 'Keeping Safe' unit, there are some excellent NSPCC resources, as well as teaching on bullying and abuse through a series of animated stories.





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Module Three: Created to Live in Community

Finally, Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity.

In subsequent sessions, we apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

The following link takes you to a Parent Consultation tool, which will introduce you to the 'Life to the Full' programme and help you to support your child's social, moral, cultural and spiritual education.

www.tentenresources.co.uk/parent-consultation-tool-primary

Please complete a questionnaire to let us know your views about our new Relationship Education programme. We have attached a copy to the email sent with this letter. Please then send it to 'schapman@st-marys-fal.cornwall.sch.uk', **by Friday 10th July**. If you wish to withdraw your child from Relationship Education sessions, please inform us in writing.

Life to the Full is intended to be a partnership between home, school and church. We know that you already do a fantastic job and we see our new programme, Life to the Full, as a means to further develop, support and enrich this partnership so that your child is fully supported.

Best wishes,

Demelza Bolton

