



Week One

POULTON LANCELYN

Primary Menu Week 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	<u>Veggie Mince Chilli Burrito with Mixed Rice</u>	Classic Pasta Bolognese & Garlic Bread	Roast Gammon Roast Potatoes Yorkshire Pudding & Gravy	Creamy Chicken Korma Curry & Mixed Rice	Fishfingers with Chips Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza Slice with Jacket Wedges	Veggie Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast	Vegetable Korma Curry & Mixed Rice	Crispy Veggie Burger with Chips Tomato Sauce
JKT Potato/Sandwich		Choice of Cheese, Beans, Tuna Mayonnaise		Choice of Cheese, Beans, Tuna Mayonnaise	Fishfinger Wrap
Vegetable Selection	Green Beans Sweetcorn	Broccoli Carrots	Cauliflower Peas	Carrots Peas	Baked Beans Garden Peas
Pasta Option	Pasta with a Choice of Cheese or Tomato Sauce		Pasta with a Choice of Cheese or Tomato Sauce		
Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Ginger Biscuit	Chocolate Cookie

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts





Week Two

POULTON LANCELYN

Primary Menu Week 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Pasta	Roast of the Day Chicken with Yorkshire Pudding Roast Potatoes & Gravy	Classic Shepherd's Pie	Chicken Goujons with Chips Tomato Sauce
Vegetarian Main Meal Option 1	Vegetable Shephard's Pie	Cheesy Broccoli Pasta	Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog with Chips Tomato Sauce
JKT Potato/Sandwich		Choice of Cheese, Beans, Tuna Mayonnaise		Choice of Cheese, Beans, Tuna Mayonnaise	
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Sweetcorn Peas	Baked Beans Garden Peas
Pasta Option	Pasta with a Choice of Cheese or Tomato Sauce		Pasta with a Choice of Cheese or Tomato Sauce		Pasta with a Choice of Cheese or Tomato Sauce
Dessert	Oaty Raisin Cookies	Marble Cake	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	(Hidden) Beetroot Brownie

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Primary Menu Week 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Veggie Meatballs with Tomato Sauce & Pasta	Traditional Toad in the Hole with Gravy	Roast of the Day Turkey with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Meatballs in Tomato Sauce Potato Wedges	Classic Friday Fish & Chips with Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza with a half portion of Baby Baked Potatoes	Traditional Toad in the Hole with Veggie Sausage & Gravy	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Vegetarian Balls in Tomato Sauce Potato Wedges	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
JKT Potato/Sandwich		Choice of Cheese, Beans, Tuna Mayonnaise		Choice of Cheese, Beans, Tuna Mayonnaise	Veggie Fingers & Chips with Tomato sauce
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Peas Carrots	Mixed Veg Sweetcorn	Baked Beans Mushy Peas
Pasta Option	Pasta with a Choice of Cheese or Tomato Sauce		Pasta with a Choice of Cheese or Tomato Sauce		
Dessert	Chocolate Shortbread	Carrot Cake Cookie	Peach Shortcake Bar	Flapjack	Lemon & Courgette Slice

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

