

# Sex and Relationships Education Policy

## November 2017

<b>Name of Policy</b>	Sex and Relationships Education
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<b>Committee Responsible for Policy</b>	Standards, Teaching and Learning Committee
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<b>Headteacher Signature</b>	
<b>Chair of Governors/Committee Signature</b>	

## Sex and Relationships Education Policy

At Holy Trinity C of E Primary School:

- we want our pupils to **grow** in confidence, independence, resilience and knowledge, so that all achieve their full potential and develop a life-long love of learning and of the world around us.
- we work **together** with families, community and church to model positive relationships, supporting each other and acknowledging that we are stronger when we work together.
- we are growing together as **children of God**, strengthening our faith, secure in the knowledge we are unique, loved and cherished.

### I. Introduction

This school's Sex and Relationships (SRE) policy is based on the Department for Children, Schools and Families' (DCSF) Sex and Relationships Education Guidance.

Sex education is part of the personal, social and health education curriculum in our school. We will teach within a framework of Christian values and the Christian understanding that sex is a gift of God as part of creation. Whilst we use sex education to inform children about sexual issues, we do this with regard to matters of morality and individual responsibility, and in a way that allows children to ask and explore moral questions. Sensitivity and respect should be shown to all children when teaching about personal relationships and sex education and SRE should be taught in a way to ensure that there is no stigmatization of the children based on their home/personal circumstances.

#### Context

All SRE in a Church of England school should be set in context which is consistent with the school's Christian ethos and values.

- SRE should be based on inclusive Christian principles and values, emphasising respect, compassion, loving care and forgiveness.
- SRE should be taught in the light of the belief in the absolute worth of all people and the unconditional infinite love of God.
- SRE should reflect that sex is a gift from God as part of creation: a human longing for an intimate union.
- SRE should be sensitive to the circumstances of all children and be mindful of the variety of expressions of family life in our culture, yet it should also uphold the Christian values regarding relationships and marriage.
- Issues regarding human sexuality should be addressed sensitively.
- The exploration of reproduction and sexual behaviour within the science curriculum should stand alongside the exploration of relationships, values and morals and Christian belief.

Whilst pupils are given the opportunity to explore their own attitudes, values and beliefs and to develop an individual moral code that will guide their actions, this is exercised within an understanding of the right of people to hold their own views within a framework of respect for others.

### 2. The Aims and Objectives of SRE at Holy Trinity

We teach children about:

- the physical development of their bodies as they grow into adults
- the way humans reproduce

- respect for their own bodies and the importance of sexual activity as part of a committed, long-term and loving relationship
- the importance of marriage and family life
- moral questions
- relationship issues
- respect for the views of other people
- what they should do if they are worried about any sexual matters

### 3. Principles

SRE should be based on the following principles:

- the sanctity of marriage is an important belief in Christian teaching and practice
- children should learn the significance of marriage and families as key building blocks of community and society
- sex education includes learning about physical and emotional development
- children will be taught the cultural and religious differences about matters of sexuality
- sex education is part of a wider social, personal, spiritual and moral education process
- children should be made aware of the way in which advertising and the media influences their views about sexuality
- children should be made aware of the spiritual dimensions and joys of intimacy
- children should be taught to have respect for their own and other people's bodies
- children should learn that some people choose not to engage in sexual activity and that this should be respected and valued as a response to the gift of faith
- children should be made aware of God's forgiveness and that there is always a way back
- children should learn that it is important to build positive relationships that involve trust and respect
- children need to learn how to keep themselves safe when using the Internet and other forms of technology
- children need to be aware of responsible use of all forms of technology in order to respect the well-being and integrity of others

### 4. Organisation

We teach sex education through different aspects of the curriculum. While we carry out the main sex education teaching in our Personal, Social, Health and Economic (PSHE) curriculum in Years 5 and 6, we are of the opinion that certain elements of this can be introduced to the children across Key Stage 2 such as; the sanctity of relationships and how we must respect our bodies. We also teach some sex education through other subject areas (for example, in science, PE and RE), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing.

In PSHE education we teach children about relationships, and we encourage children to discuss issues. We teach about parts of the body and how these work, and we explain to them what will happen to their bodies during puberty. For example, we tell the boys that their voices will change during puberty and we explain to the girls about menstruation. We encourage the children to ask for help if they need it.

As part of the 'Understanding the World' and 'Physical Development' strands of the Early Years Foundation Stage, children in Nursery and Reception will begin to learn about life cycles, their own bodies and how to stay healthy and safe. In science lessons, in KS1 and KS2, teachers inform children about puberty and how a baby is born. For this aspect of the school's teaching, we follow the guidance material in the national scheme of work for science. In KS1 we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the differences between people and how to show respect for each other. In KS2 we teach about life processes and the main stages of the human life cycle in greater depth.

In KS1 and KS2 RE lessons children will learn about the commitment of people of faith to each other in marriage and how this is expressed in marriage ceremonies. They will learn about the beliefs and values that underpin this commitment and support the nurture and care of children in the family.

During KS2 we introduce health education to the children in preparation for the changes that are about to happen to their bodies. In Years 5 and 6 we place a particular emphasis on this area, as many of the children experience the onset of puberty at this age. We ensure we source suitable teaching materials to use with our children in these lessons. Teachers do their best to answer all questions with sensitivity and care. By the end of KS2, we ensure that both boys and girls know how babies are born, how their bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard for the emotional development of the children (as stated earlier in this policy).

We send parents a letter and display the curriculum on our website. Parents are asked to contact their class teacher if they have any concerns.

## 5. The Role of Parents

The school is well aware that the primary role in children's sex education lies with parents and carers. We wish to build a positive and supportive relationship with the parents of children at our school through mutual understanding, trust and co-operation. In promoting this objective we:

- inform parents about the school's sex education policy and practice
- answer any questions that parents may have about the sex education of their child
- take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for sex education in the school
- inform parents about the teaching of sex education in school so that the parents and school can work together to support the child with regard to sex education. We believe that, through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the headteacher, and make it clear which aspects of the programme they do not want their children to participate in. The school always complies with the wishes of the parents in this regard.

## 6. The Role of other Members of the Community

We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education, in particular, members of the Local Health Authority, such as the school nurse and other health professionals. Other people that we may call on include local clergy and social workers.

## 7. Confidentiality and Safeguarding Procedures

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved, in sexual activity, then the teacher will take the matter seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that he/she may have been a victim of abuse. If the teachers have concerns, they will draw their concerns to the attention of the headteacher or the deputy headteacher who are the designated safeguarding leads. They will then deal with the matter in consultation with health care professionals. (See also Safeguarding/Child Protection Policy).

## 8. The Role of the Headteacher

It is the role of the headteacher to ensure that both staff and parents are informed about our sex education policy, and that the policy is implemented effectively. It is also the headteacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.

The headteacher liaises with external agencies regarding the school sex education programme, and ensures that all adults who work with children on these issues are aware of the school policy, and that they work within this framework.

The headteacher monitors this policy on a regular basis and reports to governors, when requested, on the effectiveness of the policy.

## 9. Monitoring and Review

The Standards, Teaching and Learning Committee (STLC) of the governing body monitors our sex education policy on a three yearly basis. This committee reports its findings and recommendations to the full governing body, as necessary, if the policy needs modification. The STLC gives serious consideration to any comments from parents about the sex education programme, and makes a record of all such comments.

The SRE policy has clear links with other school policies aimed at promoting pupils' spiritual, moral, social and cultural development, including the:

- Equal Opportunities Policy
- Health and Safety Policy
- Inclusion Policy
- Special Educational Needs and Disability Policy
- Behaviour Policy
- Anti-Bullying Policy
- Safeguarding/Child Protection Policy
- ICT Policy and Safe Internet Use Policy
- Confidentiality Policy