

Personal, Social and Health Education Policy

January 2018

Name of Policy	PSHE Policy
Date ratified	January 2018
Committee Responsible for Policy	Children, Families and Community
Date to be updated	January 2021
Headteacher Signature	
Chair of Governors/Committee Signature	

HOLY TRINITY C of E PRIMARY SCHOOL

Rationale

Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future.

These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. When taught well, PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

While schools are not required to teach PSHE education, the subject makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is "broadly based, balanced and meets the needs of pupils". Schools must "promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life" while having a duty to keep pupils safe.

Our approach is to build the children's self-esteem and confidence and for our approach to be consistent across the school. We intend that the policy is clearly understood and shared by all, children, staff and parents.

This policy has been written to ensure we are meeting the requirements of The Education Act 2002, incorporates materials from the Jigsaw Scheme of Work.

This policy links closely with school policies on:

- Sex and Relationships Education
- Science
- SMSC
- Collective Worship
- Behaviour
- Anti-Bullying (including child-friendly version)
- Equality

Definition of PSHE

Holy Trinity C of E Primary School's definition of PSHE is that it encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. It helps them to understand British values in order to live as a responsible citizen.

PSHE is taught to prepare children to play an active role as members of a democratic society to develop independence and responsibility, and to make informed choices about their own lifestyle.

Holy Trinity C of E Primary School uses the Jigsaw scheme of work which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be

- Being Me in my World
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Jigsaw will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

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Aims of PSHE

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to,

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- understand British values and live them out in their lives
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- become involved in the life of their community
- know about democracy and how to be an active citizens
- know about economic wellbeing.

We want our children to:

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

Curriculum

Holy Trinity C of E Primary School uses the Jigsaw Scheme of Work which integrates personal, social, health and economic education with emphasis on emotional literacy, mental health and SMSC, especially spiritual development. Children are at the heart of Jigsaw. Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

In Year 2, we have introduced the Zippy's friends programme. The programme has been developed specifically for five to seven-year-old children of all abilities. It teaches them how to cope with everyday difficulties, to identify and talk about their feelings and to explore ways of dealing with them. It also encourages children to help other people with their problems. It has also been endorsed by the World Health Organisation and national governments.

A range of teaching strategies will be used as appropriate. These will include:

Circle time, role-play, discussion – whole class, small group, 1:1, visitors. E.g. Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities. Aspects also covered include drug and alcohol awareness (personal well-being).

There are weekly timetabled PSHE lessons in KS1 and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Celebration Assembly. In the Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson. All classes use circle time to promote and discuss issues within PSHE.

The Junior Leadership Team are actively encouraged to promote PSHE issues.

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Cross Curricular links

Links are made with PSHE in all other curriculum areas as appropriate as well as in whole school events.

Assessment

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Children will be involved in self-assessment e.g. talking about their own experiences, recording ideas during lessons, and in special assemblies celebrating achievement.

Teachers will be able to discuss progress made by their pupils. General comments about PSHE will be included in annual reports to parents. Teachers will show termly progress of their pupils by completing a traffic light assessment at the end of each term.

Monitoring and Evaluation

Foundation Stage pupils will be assessed in line with baseline assessments and Foundation Stage profiles.

PSHE provision has clearly defined learning outcomes, shown on the planning sheets, and these are shared with children as part of assessment for learning.

Staff attend network meetings to keep up-to-date with developments. The PSHE lead will pass on to staff any information.

Equal Opportunities

Provision for PSHE is in line with all of our policies. All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

Parental and Community Involvement

Parents are invited to join in events in school, including class assemblies and workshops on relevant themes. Parents are regularly informed of events and developments via newsletters and through our parent mail.

Working with parents is a vital part of the whole school approach to PSHE. We value our parents' views on PSHE and they are encouraged to liaise with the school if they have any concerns or comments regarding any aspect of their child's welfare.

The school has strong links to Holy Trinity Church and its vicar. We involve outside agencies e.g. School Health Advisors, School Police liaison officer, etc. as much as possible to deliver aspects of the curriculum.

Holy Trinity C of E School believes that partnership with parents, the church and the community enables us to receive specialist support and information to plan the best possible PSHE curriculum for our children.