

Monday

Catching

Head, Shoulders, knees, toes, catch.

Throw a ball up in the air and touch different body parts before catching the ball. Watch the first part of the video below to help

<https://www.youtube.com/watch?v=1pUilVjuLOI>

or you can download the activity card at the bottom of this page called cool catcher individual challenge <https://bit.ly/C19WC>

Tuesday

Bowling

Target Bowling

Create a set of stumps you can use as a target at home. If you haven't got any stumps you could put tape on a bin or chalk on a wall, be creative! Bowl 10 balls at the stumps and award yourself 3 points each time you hit the stumps and 1 point for near misses. Remember to keep your arm straight when bowling. This can be done either overarm or underarm. This video will help explain

https://www.youtube.com/watch?v=c eg-9Y_0dfk or you can download the activity card at <https://bit.ly/C19WC>

Brilliant bowler individual challenge

Wednesday

Batting

Space Race

Create some planets in your garden or house. You could use cones, plant pots or anything you have at home, be creative! Get a bat and ball and dribble the ball between all the planets seeing how quickly you can get to them all. If you don't have a cricket bat you could try different sports equipment like a tennis racket or household items like a frying pan or broom. The first part of this video will help explain

<https://www.youtube.com/watch?v=AfYM6RZUERg> or you can download the activity card at <https://bit.ly/C19WC>

Super Striker Individual Challenge

Thursday

Fielding

Run them Out

This challenge requires a fielder and a runner. When the runner shouts "Yes!" the fielder must run around a cone or object, pick up a ball and throw it at a set of stumps. While the fielder is doing that the runner must try and run to a cone and back again. 10 points to the fielder for every run out and 2 points to the runner for each completed run. Part 2 of this video (from 0:43) will help explain <https://www.youtube.com/watch?v=J9EGTYdl7Es> or you can download the activity card at <https://bit.ly/C19WC>

Ferocious Fielder Pairs

Friday

Game

Create your own cricket game

Using the skills you have developed this week, create your own cricket game. You could use any of the activities from this week, games you may already play at school or other sports you play as inspiration. As long as it links to cricket. These 2 videos may help to give you some ideas

<https://www.youtube.com/watch?v=JPAEHL1QLMk>

<https://www.youtube.com/watch?v=E09nwNrlHnE>

English

Crazy Commentator

Watch a video of the last ball of last summers cricket world cup final here https://www.youtube.com/watch?v=Tj9xPsdcxJM&feature=emb_logo turn the sound off and come up with your own commentary. You can hear instructions and advice from radio commentator Alison Mitchell here <https://www.youtube.com/watch?v=QL6KutsD3PI>

Maths

Cool Counter

Throw a ball or other safe item between you and a partner. Every time someone catches the ball say the next number in the times table. For example in the 2 times table you would shout 2,4,6,8,10,12,14,16,18,20 etc. Pick a times table you are confident with to begin with and challenge yourself to move onto more difficult times tables as you go along. You can watch this video to help explain <https://twitter.com/Chance2Shine/status/1243149555803226112>

Design

The Hundred is a new cricket competition that was due to start this summer but will now start in 2021. You can learn about The Hundred here <https://www.thehundred.com/info/what-is-the-hundred> We would like you to design a trophy that could be given to the winning team in either the men's or women's competition next year.

Twitter & Facebook

@SouthCambsSSP
@HuntsSSP
@CambridgeSSP
@WitchfordSSP
@StabgroundAcad
@cambspborodg
@CambsCricket
@Cricket_East

South Cambs School Sports Partnership
Hunts School Sport Partnership
Cambridge SSP
Witchford Sport Partnership
Stanground Academy
Cambridgeshire & Peterborough School Games
Cambridgeshire Cricket
Cricket East

Children are encouraged to submit photos/videos of themselves and their families completing the challenges. Entries must include a school name & can be submitted via any of our social media platforms or emailed to schoolgames@livingsport.co.uk

#StayInWorkOut #CricketInIsolation

Research

Research a top cricketer such as Ben Stokes, Joe Root, Eoin Morgan, Heather Knight or Tammy Beaumont and complete a player profile on them. Use the template to help

Writing

Write some instructions for the game you have played today. You might want to include some rules for the game, a list of the equipment needed and reasons why people should play the game. A drawing of the game layout might be useful



ACTIVE CHALLENGE



CROSS-CURRICULAR



We hope you enjoy the cricket challenges this week. While they won't be happening at the moment. When things start to get back to normal All Stars Cricket & Dynamos cricket will return at local clubs. This could even be in the winter at indoor venues. Follow All Stars Cricket for school years reception to 3 (5-8 year olds) or Dynamos Cricket for years 4 to 6 (8-11 year olds) on social media to hear when the programmes will resume

