

SIGNING IN AND OUT

Just a reminder please make sure you are signing the register when you have settled your child and are leaving the room, please also sign out when you have collected your child.

Newsletter



Play, learn and grow together

April/May 2019 Issue 8/9

SECURITY IN THE SCHOOL

It has been brought to our attention by staff members and parents that parents and children have been using the security door locks on the main school. The school is secure by these locks but also by one way opening doors, it is of upmost importance, for the safety of the children and staff, that you must not use the locks or encourage your children to do so. Can we please also ask that you do not let in other parents or people that you do not know as we need to know who is entering the school at all times. If you do see anyone doing this then can you please inform a member of staff so that we may stop this from happening.

SAFETY IN SCHOOL.

At the times that preschool opens the main school is underway in their lessons and activities in the day, so can we please ask that you encourage your children to walk with you down the corridor to ensure they are not running or shouting as this is both unsafe and disturbing for the main school. We try to mirror the rules of the school and one of them is that the children are not allowed to run in the school area, only outside, and if they do then they receive a "speeding fine" so it is important to abide by these rules for a smoother transition to reception.

DONATIONS

We are looking for donations of wellies if anyone could help us out, we are looking for sizes 5-9. These are really helpful when we are potty training children as shoes get wet too. So if you have any old wellies hanging about at home then please bring them in they will be greatly received.

PRESCHOOL TRIP

In March's newsletter I asked parents to give their preference for the school trip this year. I have only had 14 replies out of 38 slips sent out. If you are still to give in your preferences for the trip then please do so by Friday 3rd May otherwise we will have to go with the majority of the slips already provided.

FORMS

With this newsletter you will of received your funding forms and a comment slip for your reports that you have already received. Please return these slips back as soon as possible. The funding forms need to be back as soon as possible so that we can claim the funding for your children. If these forms are not returned then we cannot claim for your child's space and you will be liable for the fees this entails.

If you need any advise or help then please come and see Gemma as soon as possible

SUN CREAM AND HATS

Entering in to the summer term, we are keeping our fingers crossed for some beautiful weather like we did last year, we can always hope can't we. With this in mind could you please start to supply a labelled bottle of sun cream and a sunhat along with your full set of labelled clothes. Just to make you aware you need to apply sun cream to your child before starting preschool in the morning and if they stay all day then we will reapply it in the afternoon, unless you apply all day sun cream.

Dates to remember

Tuesday 23rd April 19

First day of Summer Term

Monday 6th May 19

Bank Holiday

Wednesday 22nd May 9-10am

Open morning

Monday 27th –Friday May 31st 19

Half term

Monday 3rd June 19

Inset Day

Friday 14th June 19 9-10am

Fathers Day Breakfast morning

Frome Valley Preschool

Frome Valley Preschool. School Drive. Crossways

Dorchester. Dorset

DT2 8WR

TEL:- 01305 852643 Email: g.florance@fromevalley.dorset.sch.uk

Children are always learning and developing but in a world that can often be confusing and unfair in their eyes. When children want or need love, attention or simply things that others have they will most often ask for it in the most unloving ways, which can cause lots of upset for all parties involved.

Within the setting we have been observing that many children are needing support with regulating their emotions and behaviour and because of this we are really concentrating on the children's Personal, Social and Emotional Development within the preschool. We are using positive and simple language with the children and role modelling ways to behave and also supporting the children in how to resolve issues or conflict with other children, without using physical contact.

We encourage the children to wait their turn by using sand timers and we support the children by encouraging them to explain their peers why they are using it and in the transition of the toy or situation they are taking turns with.

We use lots of praise in the setting for following the "show me 5" rules of preschool and reiterate these rules and consequences regularly so children are always aware of what is expected of them.

We do not use "time out" we use reflection time with a one minute timer and after the reflection time we do not expect children to say sorry but do explain to them, in an age appropriate way, how their behaviour has made a staff member or their peers feel.

We have also started to use the tool of "rocket breaths" in conflict situations, which encourages the children to take deep breaths and breathe out, like they are "blasting off". This gives the children time, before reacting, to calm their body, it also helps them lower the cortisol levels in their brains and release more of the "happier" chemicals such as dopamine and serotonin, which support the children in dealing with the situation, with adult support, in a more logical way rather than with aggression.

If you feel that you would like to know more or that you would like support with strategies to support you and your child at home then please do speak to Gemma for further information.

SOCIAL STORIES

In supporting the children's Personal, Social and Emotional Development we have begun to use social stories. These are stories that reflect real life. We are currently using stories titled "Teeth are not for biting, hands are not for hitting and feet are not for kicking" these books talk about the correct use for our body parts in a simple and repetitive way that children can relate to and understand, which supports our drive to develop the children's PSED. If you feel that you need support in any area of your child's development then please do speak to either your child's key worker or Gemma, behaviour coordinator of the setting, as we are here to support you as parents as well.

Our Success

Our major success this month was our Mothers Day Cream Tea, we were overwhelmed by the amount of response we had from you all and how many of you turned up on the day, We were very lucky to have the wonderful weather we did and it was lovely to see you all with your children and have the chance to chat to some of you without the time constraints of working or other commitments. Thank you all for making such a wonderful effort and for making it such a great success.

WHAT WE ARE DOING NEXT

This month we are looking at the topic traditional fairy tales and stories.

- We will be focusing on one story a week
- We will role playing the stories we are reading
- Practising our cutting skills and control.
- Writing our names
- We will be practising our rocket breaths and on our "show me 5" rules.
- Continuing our social stories

What you can encourage at home

At home you can:

- Encourage your child's self help skills.
- Bring in your child's favourite story to share with their friends.
- Practice your rocket breaths at home

As always we would like to thank you for your continued support in preschool and appreciate you reading this information as we feel this is a really good communication tool for parent partnership.

Many thanks

Gemma and your preschool team.



NO NUTS AND NO
MANGO

