



PE and Sport Premium Summary – Moorside Community Primary School

Since 2013, Moorside Community Primary School has received a PE grant from the government of £50,432. A further payment of approximately £8,000 is expected in April 2018 but this will depend on pupil numbers. The actual expenditure incurred between 2013 and January 2018 on PE equates to £52,017. Part of this expenditure (£13,757) was offset against the annual School Budget but the rest £38,260 has been offset against this grant. This leaves an anticipated balance of just over £20,000 to be invested in PE up to August 2018 from the Grant and possibly more funding from the School Budget Share. These figures may need adjusting if the anticipated income changes.

The current funding is based on a £16,000 year grant and £10 per pupil for pupils from Year 1 to Year 6.

The PE Grant has enabled the school to update their PE equipment in the school hall as part of a major building development within the school. Without the PE Grant this investment in new resources would not have been possible. This did not detract from the fact that Moorside was committed to CPD and staff development and would use other funding streams to ensure that the school had the expertise to improve the quality of teaching. The PE and sport premium is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils.

'Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this' (DfE June 2013).

Following the government guidance, Moorside Community Primary School implemented a number of initiatives to improve the quality of PE and raise the profile of sport across all children and the community.

Professional Development of staff – Moorside Community Primary School have established great working relationships with external agencies, such as Newcastle PE & School Sport Service, Premier Dance, Active kids and NUFC. All agencies are working collaboratively with staff to enhance and upskill their teaching ability in PE. Moorside C P School will continue to strengthen and build upon these relationships in the future to ensure that all our pupils have access to a high quality sports programme as well as using CPD to help upskill other schools in house. More recently Moorside Community School have been discussing more solid partnerships with Newcastle United Foundation as their detailed programmes stimulate and enthuse both our staff and pupils alike.

Identifying the non-participates and most able

At Moorside Community Primary School there are very few non-participants as most pupils have a positive approach to PE. Through the use of lunchtime and after school clubs such as Young Leaders and Football clubs, Moorside Community Primary School is able to target more able pupils. These clubs allow more able pupils who are passionate about PE to model and extend various aspects of PE to other less confident pupils. The Young leaders programme has been a very successful intervention for more able pupils and new Young leaders have been upskilled by previous leaders in preparation for the new academic year. For those pupils who are not as confident in PE, variety of workshops such as Change4Life festivals allow these pupils to participate in a range of activities to help promote healthy lifestyles and confidence within physical education. Seeds for life also allow pupils to experience ways in which to live healthy lifestyles through planting and growing a range of foods, learning how to use these in everyday life. Family fun events have enabled Moorside Community Primary School to reinforce the significance of exercising in a fun and exciting way.

Empowering pupils

Within Moorside Community Primary School, a PE Kit is provided for every child. This consists of a sports bag, white T-shirt and blue joggers. This was to empower children in PE, overcoming barriers of children feeling left out and impact on the number of pupils who participate in PE. All staff at Moorside Community Primary School has been provided with a staff PE kit. This is to empower staff and in turn, increase the participation of children in sport.

Improving pupil's health and well being

Promoting a healthy school approach, staff are working alongside other agencies and school council to implement and reinforce pupils to adapt a healthy lifestyle approach. Family learning is embedded to ensure parents are reinforcing learning taking place in school and are aware of the importance of maintaining a healthy lifestyle. Family fun events have enabled Moorside Community Primary School to reinforce the significance of exercising in a fun and exciting way. Over the last three academic years, a Kalmer councillor has been working closely with Moorside Community Primary School to support pupils with emotional well-being. Feedback from pupils and their families continues to highlight the importance of such an approach. Family fun events have enabled Moorside Community Primary School to reinforce the significance of exercising in a fun and exciting way.

Community

Moorside Community Primary School are working closely with the community to develop links with a range of schools and other organisations. Pupils are developing their well-being skills and understanding of the importance of leading a healthy lifestyle. In addition, girls after school club Women and Girls Soccer (WAGS) has allowed for pupils to compete in a range of tournaments with other schools. This has proven to be very valuable as it has allowed girls who have been identified as reluctant participants to enjoy sporting activities in a non-pressurised environment. As well as WAGS promoting the effects of physical activity, the club also encouraged emotional well-being and recognition was made to those pupils who acknowledged other important aspects of healthy living.

Pupils are also encouraged to engage in the local community sessions, at The Newcastle Trampoline Park, on Newcastle West road. These are 5-7pm on a Tuesday evening at a cost of £2. Pupils were invited to trial these sessions during school time.

Measureable Targets

In 2013/14 we have spent £4,395 of funds were spent on purchasing two trampolines for the school forging links with sports specialists and purchasing a small amount of resources. This was following intensive "pupil voice" questionnaire and raised the profile of this provision. This enabled the school to have a very popular after school club and encourage pupils that had possibly not been interested in sport to be involved.

In 2014/15 we invested funds in sports day's resources, badges for swimming and sports equipment. We also introduced the idea of providing a PE Kit for all pupils and staff when they joined the school to raise the profile of PE in the school and promote the idea of participation. We also equipped our school hall with new equipment. We also invested in Liz Conway Activekids and Hatrick.

In 2015/16 we bought in the LA's Gold Package Training Course to upskill our staff and attend specialised training. We continued our work with Liz Conway Activekids and also started working with Premier Performing Arts which provided PE based curriculum courses.

In 2016/17 we reduced our training, but bought into services provided by Hatrick, Premier Performing Arts, Liz Conway Activekids as well as just beginning a partnership with Newcastle United Foundation.

In 2017/18 we were very fortunate to work with Peter Bakare an Olympic volleyball player. Pupils were able to work with a professional to carry out various Volleyball skills throughout the day. The school has also invested money in providing PE kits to all our new starters.

We have recently (January 2018) negotiated buying into the Newcastle United Foundation programme – Primary Stars from January-July 2018. Newcastle United Foundation is a leading sporting and education charity and a chosen partner for the Premier League's Primary Stars programme. Their programmes link PE and School Sport to whole school priorities. Newcastle United Foundation does not just provide "Football" expertise they cover:

- Fundamental movement
- Modified team games
- Attacking and defending invasion games
- Striking and Fielding
- Football
- Problem solving and challenge games
- Multi skills
- Net and wall games

Primary Stars Outcomes:

- Develops pupils' physical literacy
- Promotes life-long participation in sport and physical activity
- Helps children achieve their potential across the curriculum
- Improves performance and prepares for the competition
- Enhances life skills including communication, teamwork, fair play and leadership
- Develops and
- Maintains positive attitudes to learning

The programme:

- Supports, training and professional development for teaching staff
- Builds skills and confidence so teachers can deliver high quality PE and School Sport
- Pre-prepared learning materials and lesson plans
- Assembly ideas and templates
- Videos and online resources to provide animated demonstrations
- Easy to use assessment model for pupils, parents and teachers on all programme
- Supports teachers to use PPA time effectively

An example of the types of activities/partnerships we have or we are going to be associated with are listed below:

Newcastle United Foundation - Primary Stars Programme - Reception to Year 6 (Cost of a programme for 3 days per week for 24 weeks which includes 360 hours in curriculum and 72 hours extra curriculum £10,050).

Incorporates:

- Multi skills and Fundamental movements for Reception, Year 1 and 2.
- Multi skills and Onside for Year 3 and 4
- Multi skills and Match Fit for Year 5 and 6.

Activekids - Tennis: Year 4 and 5. (£450 per 6 week session)

Skills: Throughout the 6 week half term sessions, pupils combined physical and mental skills. They were taught how to develop: their racket grip, body positioning, ground strokes, forehand and background strokes, volleys, drop hit serves and rallying over the net.

Impact: Staff have been upskilled and are now able to deliver similar sessions to their new year group. Pupils have a good understanding of how to hold and control a racket, which will help as further tennis skills will be taught in their next academic year.

Activekids - Dance: Reception, Year 1 and Year 3 (£450 per 6 week session)

Skills: Each year group focused on a different aspect of dance including street dance, hip hop and traditional dance. Each session focused on simplifying a lot of moves that professional dancers use. This allowed all children to join in and appreciate the complexity of dancing while having fun. Pupils will learn some new moves that can be put together for a mini routine at the end of the unit.

Impact: Staff have been upskilled and are now able to offer advice and tips to other staff. Additionally, they are now able to deliver similar sessions to their New Year group. Pupils have been able to develop confidence and a baseline for their dance skills.

Activekids - Skills, Agility and Quickness (SAQ): Year 6 (£450 per 6 week session)

Skills: SAQ is a multi-purpose session which increases children's ability across the board. Through these SAQ sessions the pupils are able to develop:

Fitness: we combine fun and fitness with drills that are designed to discretely train and improve performance, **Agility:** Multi-directional movement needed for all sports, **Co-ordination:** Linking body parts to work in tandem e.g. hand/eye, **Improvement Neuromuscular System:** Quicker response times, giving the child 'body awareness' of what belongs to them, **Efficient Movements:** Removing 'awkward' movement and replacing with cohesive movements, reducing potential injuries and postural deformities and **Decision Making:** Used in all aspects of life and crucial to learn at an early age so the child can be introduced to consequences and benefits of decisions.

Impact: Staff have been upskilled and are now able to offer advice and tips to other staff. Additionally, they are now able to deliver similar sessions to their new year group. Pupils have developed their strength and stamina in game related activities.

Activekids - Multi Skills: Year 2 (£450 per 6 week session)

Skills: Multi-Skills is a non-sport specific, fun, challenging and enjoyable starting point for children to get involved in sport. Sessions include a wide variety of activities and games developing skills and attributes that can be applied to a range of sports and physical activities. Key areas developed are: **Physical:** movement capabilities and fitness levels, **Technical:** the skills and techniques required to play a range of games, activities or sports, **Tactical:** knowledge of 'how to' play the game and their ability to solve challenges in sports, games and activities, **Mental:** mental capabilities including their decision making skills and **Personal-Social:** confidence, ability to build relationships, respect for rules and others, and their ability to find their own solutions to problems.

Impact: Staff have been upskilled and are now able to offer advice to other staff about obtaining a baseline assessment for pupil's ability. They are also able to deliver these sessions to their new academic year group. Pupils have been able to experience a range of skills, which as they progress will be able to develop further applying them to sport activities.

Over the course of 2017/18, Early Years, KS1 and KS2 will participate in activities organised by PE and School Sport Services e.g. multi skills festivals, bench ball and tag rugby. As a school we feel it is important pupils have the opportunity to play in competitive sports in a non-threatening way.

Triangulation -- Through a series of Staff meetings, staff to share their expertise or external training provided to help upskill other staff. In an aim to be more cost effective we will be aiming to buy into Newcastle sports service and staff come in for more one to one planning and team teaching with our staff to upskill them as oppose to staff watching others deliver.

Summary comment from Head teacher

New research has shown the government's £150 million a year PE and sport premium is helping to improve primary school sports provision.

At Moorside Community Primary School we believe the PE and sport premium is having a positive impact on sports and children's well-being in our school. We are continually upskilling staff by using the money to recruit sports specialists to improve the quality of lessons which we know is having a positive impact on the children.

We have been able to purchase new and better equipment. We have purchased P.E. kits for all our children enabling them to be ready to be active.

Over the next two terms we are aiming to provide more opportunities for pupils to take part in inter-school competitions and offer more lunchtime and after-school clubs whilst working alongside the Newcastle United Foundation experts, Hatrick and the Active Kids team. Our aim is to make sure more children get active and healthy, whilst developing the confidence and lifelong skills. One of the most important elements of the funding is that more children are enjoying good quality physical education and finding it fun whilst becoming fit and healthy.

PE and Sport Premium Summary 2013-2018
Anticipated Income 2013 to August 2018 £58,598
Expenditure on PE from 2013 to January 2018 £52,017.76

(School Budget Share £13,757.01 and PE Grant Funding £38,260.75)
Funds available to spend from PE and Sport Premium Funding
£20,337.25 until August 2018 of which £10,050 has just been committed to cover the cost of the
intensive 3 day programme with Newcastle United Foundation

