



Physical Education

Our Vision

Our vision at South Petherwin Primary School is **learning today to change tomorrow** - to ensure all children become physically confident, competent and motivated to live an active, healthy lifestyle. Our aim is to deliver a rich and varied PE curriculum, as we believe this will build resilience, improve attainment, behaviour, health and well-being, and enable the development of leadership and teamwork skills. We hope that through all the sporting opportunities and physical activity we offer the children will reach their full potential and enjoy being active.



What Does PE Look Like at South Petherwin School?

- Every child participates in at least two hours of quality physical education lessons.
- All children participate in healthy competition.
- We provide a wide variety of sporting clubs each year and have strong links with external clubs.
- Through the Arena Scheme and Real PE programme the children experience a variety of different sports.
- Children are taught the effects that exercise has on the body.
- Every year, all children participate in sports day. The emphasis is on enjoyment, participation and team building, with elements of competitiveness.

What do the Children Say about PE?

"We like learning new skills."

"It's exciting to try new things and see what you're like at different sports."

"PE is really fun because it's active and keeps you fit."