

# PE and School Sport Action Plan

## South Petherwin Primary school 2019–2020

**Background** - The primary school sport premium investment goes directly to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year doubled and was continued into the year 2018/2019 and 2019/2020.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16k-£17k per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2019/2020	Funding allocated - £17050.00
Lead Member of Staff – Jade Palmer/ Theresa Mills/ Hayley Paynter	2019/2020	Governor responsible – Caroline Franklin
Total fund allocated - £17050.00		

### Key achievements to date:

- All staff upskilled in the teaching of gymnastics
- All staff upskilled in the teaching of football, basketball and cricket through ongoing tuitions and weekly lessons
- Playground leaders used to ensure active playtimes to promote health and well-being
- Increase in the number of different sports offered in curriculum time and after school
- Successful sports days delivered on a yearly basis
- Subject Leader in PE - awarded subject leader accreditation and this has supported the leadership of PE
- Supported the development of increasing the size of the school Hall to improve the space to deliver high quality PE. The upskill of staff to use the new hall space effectively and efficiently
- Perchance of PE equipment to deliver a range of activities
- Participation in more competition and inter school events
- The introduction of a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer.
- Support with ensuring all children can swim the required distance by the end of year 6.

### Areas for further improvement and baseline evidence of need:

- To continue to ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To improve the playground area, including playground markings, to ensure it is engaging and children have a range of equipment to use which increases their physical activity.
- To continue to upskill key members of staff within the school to increase knowledge, understanding and confidence in the delivery of PE school sport and physical activity. Ensuring all teachers are ensuring they are following the active timetable every day in addition to the 2 hours of PE a week.
- To ensure and promote health and well-being throughout the school - focusing on healthy snacks at break times and mental health for all. ([www.sugarsmart.org](http://www.sugarsmart.org))
- To further improve the equipment and resources available to ensure we are able to offer and deliver high quality PE lessons and also active play and lunch times with new huff and puff equipment.

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To improve play areas around the school, create zones to ensure a range of physical activity and also health and well-being activities. Aim is to ensure all play areas are engaging and promote physical activity.</p>	£6000	<p>Cost effective and sustainable playground markings. Due to longevity, markings prove to be more cost effective than hiring sport coaches for lunchtime clubs. Especially considered in the long run, linking back to the stipulation “you must build capacity and capability within the school to ensure that improvements made now will benefit children in future years.”</p>	<p><b>Next Steps</b> Ongoing due to Covid – planned for marking and playground development to be completed in August 2020. Each class teacher will introduce and explain markings to the children in the Autumn term.</p>
<p>To purchase a range of new equipment to allow children access to have equipment to use which increases their physical activity, encouraging children to take part in active playtimes. This can also be used during or as part of an after school club.</p>	£250 (playground leaders)	<p>The school council has requested that we use some of the funding to update/ purchase new equipment which can be used within PE lessons but also during active play and lunchtimes/ after school clubs. This will hopefully raise attendance at after school clubs as well.</p>	<p><b>Next Steps</b> Playground leaders and break and lunchtime staff will be trained to utilise the line markings and playground equipment effectively. We will ensure this continues and is sustainable.</p>
<p>Purchase of gym equipment - Gym time pole</p>	£108		
<p>Subscription for Jumpstart Jonny (Continue to ensure the running of our Active Timetable)</p>	£190		
<p>Imoves</p>			
<p>To introduce the Arena monthly challenges run by the school council to offer a range of engaging and exciting activities for children. To engage children in a broad range of activities.</p>	Free during Covid PE leadership time	<p>To ensure our active timetable is engaging and exciting for all children with EYFS, KS1 and KS2 it is important to be able to offer jumpstart jonny in addition to our mile a day activity to fully engage and motivate.</p>	<p>Due to covid we will need to revisit in Autumn term to ensure sufficient leaders have been trained.</p>
			<p>All classes are participating in JumpStartJonny wake and shake every morning and are showing signs of enjoyment. Behaviour has also improved</p>

<p>Support teachers with using the new hall to its maximum potential, CPD with using equipment and resources efficiently.</p> <p>To offer balance ability for 12 children To offer bike ability to Years 3,4,5 and 6.</p>	<p>Arena Membership (£500)</p>	<p>We aim for 100% participation rate at the end of 19/20, lack of motivation as the new school year started with roughly 30% actively joining in during wakey shake etc. Aim is to ensure and promote all staff and chn to engage in the daily running of the active timetable, which includes wake and shake, mile a day etc.</p>	<p>during waken'n'shake since the start of using JSJ. Some classes are also using it for the active timetable throughout the day. HP to ensure all continue to follow and the active timetable.</p> <p>We have used Imoves during the Covid period to make it easier for parents at home to keep their chn active.</p> <p>The active timetable has been updated and is successfully running within all classes. All chn participating in a range of activities to ensure an active 30 minutes on top of their daily break and lunch times. Chn continue to receive certificates during celebration assembly on a Friday for every 5 miles (KS1) and every 10 (KS2). Next steps will be to create class challenges e.g. the first class to run the distance of South Petherwin to London etc. Chn to use the field when dry enough.</p> <p>Monthly challenges to be continued, new playground</p>
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		<p>PE leader to observe PE lessons and feedback on effective use of equipment and resources.</p> <p>12 children able to ride a bike. Aid children in increasing the amount of physical activity they partake in.</p> <p>Teaching life skills for the children to be able to ride a bike safely.</p>	<p>leaders are being trained to ensure this continues and is sustainable. Due to Covid 19, Miss Paynter will train the new yr 6 chn to run the monthly challenges in the autumn term to ensure a prompt start with the challenges.</p> <p>Staff currently observe Plymouth Argyle and Jenny Nash to continue their professional development and learn how to utilise the resources and space available.</p> <p>Teachers have been observed by HP and given feedback about utilising the hall and resources to its full potential. Feedback time during staff meetings allowed time to share ideas and activities.</p> <p>12 EYFS chn confidently participated in the balance ability sessions. Chn learn life skills to enable them to ride bikes safely and be able to access future bikeability sessions.</p>
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50% of the EYFS class can now ride a bike without stabilisers.

**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Continue to develop playground leaders</p> <p>Look into resources/ training to ensure all teachers are using PE and sport in all curriculum lessons, for example active maths and literacy.</p> <p>Continue to apply for the Sugar Smart award and promote healthy eating and well-being further within the school.</p> <p>Continue the development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards that the sports council will contribute to.</p> <p>Use of the school Twitter page to continue to raise the profile of PE and sport.</p> <p>Continue to use celebration assemblies to recognise and reward achievement in PE and school sport. Invest and introduce prizes for house trophies/ rewards for the first house to reach 100 miles or similar.</p>	<p>Arena Membership</p> <p>PE leadership time</p> <p>School council (BL &amp; JP)</p> <p>Time and Resources</p> <p>£150</p> <p>£325</p>	<p>Teachers have been introduced to BBC Supermovers and regularly share ideas to make curriculum lessons more active.</p> <p>We're promoting healthy snacks, water and sugar free drinks.</p> <p>Sports council contributing to the notice boards.</p> <p>HP to update Twitter and the school website.</p> <p>Promote engagement in physical activity and sporting achievements to encourage all children to be more physically active.</p>	<p>Chn able to continue to develop and set up a range of playground activities to continue to build and offer a range of physical activities.</p> <p>There has been an increase in chn engaging in playground leader activities.</p> <p>Lesson observations from HT noted that lessons were active and engaging and there was a good level of concentration and focus from the chn.</p> <p><b>Next Steps</b></p> <p>Due to Covid19 the Sugar Smart award has been delayed. It will be continued in the Autumn term.</p> <p>The Celebration display board now includes sporting achievements. Sporting achievements are also shared</p>

<p>Use of supply to allow PE co-ordinator time to monitor and measure the impact of all of the above.</p>			<p>on the school website and Twitter page to promote physical activity. The children have shown a real sense of pride for the achievements in PE and school sport.</p> <p>Friday celebration assembly continues to last for 30 minutes to allow time to recognise and reward all achievements in PE and sport within and outside of school.</p>
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**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include gym, dance, swimming and other courses</p> <p>PE subject leader updated all SOW, PE curriculum provision map, curriculum map and PE policy.</p> <p>Employment of specialist coaches to upskill staff and deliver PE and school sport (Plymouth Argyle and Jenny Nash).</p> <p>Chance to Shine Cricket.</p>	<p>Arena membership</p> <p>£5000</p> <p>No cost</p>	<p>2 members of staff attended a PE conference. As a result, more ideas for our active 30 timetable and introduction to alternative sports and talks to purchase new equipment.</p> <p>All SOW updated with a clear progressive plan in place which identifies curriculum content and skills being covered.</p> <p>Delivery of Forest school and PE (dance and gymnastics) children</p>	<p>Greater expertise in areas of development for teachers. Class teachers' confidence in teaching and delivering high quality alternative PE lessons has improved.</p> <p>Developed areas of the PE curriculum with new teaching and learning strategies. The teachers have been introduced to the STEP approach to ensure lessons are accessible for all children.</p>

<p>Subject Leader in PE to support with confidence to deliver Arena SOW, Real PE and new physical active lessons within the new hall.</p>	<p>Time and resources</p> <p>Arena membership</p>	<p>Delivery of football, athletics, cricket and rugby which has delivered has upskilled staff members in these areas.</p> <p>Staff confidence improved and developed in the use of Arena and Real PE schemes of work.</p>	<p>Children are more physically active and enjoying all areas of PE and sport on a weekly and daily basis.</p> <p>The Forest School sessions have improved focus, attainment and attendance of children in KS1 and Reception.</p> <p>Teaching staff more confident and competent in delivering high quality PE lessons throughout the school across a range of sports. They are also more resourceful and adaptive to change.</p>
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Equipment and resources to allow teaching staff the opportunity to offer broader experiences and a range of sports and activities all year round.</p>	<p>£250</p> <p>£250</p>	<p>Resources purchased (based on pupil and teaching input through consultation and questionnaires). Raise standards and achievement in gymnastics and dance. Contribute towards active 30 minutes.</p>	<p><b>Next Steps</b> Purchase resources based on the feedback from the consultation and questionnaires. Ensure relevant groups of chn and staff are trained to utilise new resources.</p>

<p>Across the year a range of PE/ Sport after school clubs are being delivered open to all age groups. Investigate the opportunity of offering alternative activities. Eg climbing club</p> <p>Range of alternative opportunities offered to children during WOW weeks - large focus in 2020 on the rugby world cup and the Olympics.</p> <p>Development of social, spiritual, moral and cultural skills. (7 values of olympic games)</p>	<p>£ 500</p>	<p>Due to Covid the climbing club has not been able to take place. It will run as soon as Covid 19 restrictions are lifted.</p> <p>We offer 8 sport based after school clubs. 8-12 chn (mixed gender ranging from Yr 1- Yr 6) attended each of these clubs.</p> <p>The aim is to introduce a new alternative sports club off site at a local climbing wall and use Go Active.</p> <p>Carry forward in 2021 the Virtual Cornwall Cultural Games.</p>	<p>Wider range of clubs offered, pupil consultation carried out gave us an idea of what clubs chn would like and how we can ensure we are offering a range of clubs to include and increase chns physical activity. We have a high percentage of chn who attend physically active clubs outside of school, using itrack allows us to monitor all chn and identify those who are in need of extra -curricular clubs, we will continue to monitor and implement this throughout the following year.</p> <p>We received positive feedback from parents noting that children who are not normally physically active at home enjoyed participating in the Cultural Games.</p>
<p>Awareness of health related issues eg children obesity &amp; mental health and support on these areas. Focus within all areas of PE although special attention during future wow weeks/ alternative/ broader experience of activities</p>	<p>£300</p>	<p>Pupil consultation and questionnaire, pre WOW week and post WOW week to measure the impact of the activities in raising awareness about health issues with the children.</p>	<p><b>Next Steps</b> Reschedule for Autumn term next year due to covid. We aim for this week to make children more mindful about the choices they are making and factors that contribute towards a healthy lifestyle. The week will</p>

fit in with our Sugar Smart award.

**Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in the Launceston college cluster competitions	£ 850	30 KS2 chn attended 8 competitions.	<b>Next Steps</b> To take part in virtual comps in autumn term to increase participation in competitive sports. Class teachers noticed an increase in enjoyment and engagement of children participating in the challenges during CVSG week because of children feeling less pressure to perform/compete in front of unfamiliar others.
Transport to events and competitions	£ 700		
Arena Competitions and Festivals	Arena	We had a total of 50 chn in school participating in the CVSG. All parents and chn were encouraged to participate at home. 25% of parents made contact with the class teacher to say they had participated in both physical activities and the well being challenges.	
Cornwall Virtual games taken place	Membership		
Intra school house competitions			
Introduce Arena monthly challenge.	Co-ordinator to run	Target of 75% to take part in the Arena monthly challenges.	The number of participants taking part in the monthly challenges is increasing each month. The children have shown a sense of pride when receiving their certificates in assembly. We have also introduced Class competitions to see which class gets the most entries.
Apply for school games mark		Target is to achieve gold. (retained)	Playground leaders continue to develop, set up and run the monthly arena challenge

			weekly and the results are shared in celebration assembly. Some yr5 children have been shown how to lead the challenges during the summer term but HP will need to oversee and train all yr5s in the autumn term.
Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.	£ 1080.72	Target 100% of Year 6 children to achieve the 25 metres.	All years groups from 1 - 6 catered for during swimming lessons with a high quality swimming coach. Teachers able to track progress and push to ensure all children leave the school in year 6 being able to swim the required 25 meters. Chn competed in swimming galas throughout the year to build on confidence. 100% of Year 6 children are able to swim 25m.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	100%

What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	100%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes

### Sustainability

The impact of the sports premium money will have a long term lasting effect and impact on South Petherwin Primary school. The use of the money to hire sports coaches has had a huge impact to date on staff confidence and capabilities to teach a variety of high quality PE across the school. We intend on continuing to build on this CPD to enhance and enable all teaching staff to deliver high quality PE. The use of the money to date has had a great impact on the sustainability of high quality PE, and will continue to improve PE throughout our school.

Total funding - £17050.00	Total funding allocated to date - <b>£15,153.72</b>	<b>Total funding to be allocated - £16,453.72</b>
Total funding to be carried over to 2020/2021 due to Covid 19 - £1300		