
Great Gaddesden C of E (VA) Primary School



'Treat others exactly as you would like to be treated yourself'. (Luke 6:31)

PSHE + SRE Policy

Date adopted: September '20

Overview

This policy was written in consultation with staff, governors and parents of Great Gaddesden C of E School in order to fully meet the needs of our children.

Aims of this policy

To lay the foundations for all our pupils to live our school's mission statement, guiding them to become good citizens.

At Great Gaddesden C of E School, PSHE and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing, we help develop their sense of self-worth. We teach children about their rights and about their responsibilities. They learn to appreciate what it means to be positive members of a diverse and multicultural society.

Intent of PSHE and RSE :

- Promote the spiritual, moral, cultural, mental and physical development of all pupils
- Prepare pupils for the opportunities, responsibilities and experiences of later life
- Encourage pupils to value themselves and others
- Allow pupils to acknowledge and appreciate difference and diversity
- Teach pupils how to make informed choices
- Prepare pupils to be positive and active members of a democratic society
- Teach pupils to understand what constitutes a safe and healthy lifestyle
- Provide a framework in which sensitive discussions can take place
- Promote safety in forming and maintaining relationships
- Provide pupils with a toolkit for understanding and managing their emotions
- Provide pupils with the opportunities to consider issues which may affect their own lives and/or the lives of others
- Help pupils to identify the characteristics of healthy relationships, how relationships may affect mental and physical health; and how to stay safe online
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

What is PSHE and RSE?

Personal, Social, Health and Economic (PSHE) education is defined as a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals and as members of families and of social and economic communities.

Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

Under the new guidance issued by the DfE, by September 2020, Relationships Education at primary school will be compulsory. Relationships Education teaches the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers and adults. We believe that children should learn about relationships as well as the emotional, social and physical aspects of growing up, human sexuality and sexual health in an age-appropriate way. This goes beyond learning about relationships, to include puberty, how a baby is conceived and born, body ownership, and safeguarding. This work is all covered at an age appropriate level.

We believe that, to be effective, RSE should always be taught within a broader PSHE education programme. RSE enhances and is enhanced, by learning related to topics.

From 2020, it became statutory for schools to deliver Relationships Education in primary schools. Schools are encouraged by the Department of Education to deliver Sex Education that ensures that both boys and girls are prepared for the changes adolescence brings, linking with the knowledge of the human life cycle as set out in the National Curriculum for Science. This covers how a baby is conceived and born, in an age appropriate manner.

From 2020, Health Education also became statutory and covers the key facts about puberty and the changing adolescent body.

Implementation of PSHE AND RSE:

The programmes of study gGreat Gaddesden School follows is 'You, Me and PSHE', the Islington constructed Scheme of Work. This delivers the Personal Health, Social and Economic education requirements of the National Curriculum. It aims to provide a stimulating and thought-provoking learning package that is relevant and appropriate to the child at their stage of personal development.

PSHE also runs through all other curriculum areas.

National Curriculum objectives are delivered through six units across the year. Each unit follows

the same theme from Reception to Year 6, building on previous knowledge. The titles of each unit are: -

- Learning about drugs, alcohol and tobacco education;
- Keeping safe and managing risks
- Mental health and emotional wellbeing
- Physical health and wellbeing
- Careers, financial capability and economic wellbeing
- Identity, society and equality.

An additional programme of study is taught to Year 2, Year 4 and Year 6 in the summer term. This is Sex and Relationship Education, which builds on prior knowledge. This may be taught as a block of learning in these year groups.

Implementation of PSHE and SRE

Lessons are timetabled each week to deliver the units mapped out in long term plans. Every PSHE lesson plan includes the setting of ground rules, Learning Objectives, introductory and main activity suggestions, resources and a wide range of teaching strategies. These are available for staff to use as they feel appropriate.

Ground rules are shared to create a safe learning environment, ensuring that sensitive issues are taught safely and confidently.

In line with the Great Gaddesden curriculum, the programmes of study are taught on a 2 year rolling cycle. This ensures that by the end Year 2, all pupils will have covered Year 1 and Year 2 programmes of study, including the Y2 RSE programme. By the end of Year 4, all pupils will have covered Year 3 and Year 4 programmes of study, including the Y4 RSE programme. By the end of the Year 6, all pupils will have covered Year 5 and Year 6 programmes of study, including the RSE programme. .

Accessibility:

PSHE and RSE lessons are accessible to all children at Great Gaddesden C of E School. This policy follows the same principles as outlined in the school's equality statement.

Children with identified Special Educational Needs and/or Disabilities need to have access to an ambitious PSHE curriculum. Within the curriculum area of PSHE, SEND children will be provided with reasonable adjustments in their tasks and level of challenge.

Home/ school partnership:

We aim to engage our parent community in PSHE and RSE curriculum. The school will share information about the curriculum via the school website, including long term planning and links to useful websites.

Parents are consulted in the development of the RSE curriculum, via the Parent Forum.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE but not Relationships Education.

The content of the Year 6 RSE programme of study is shared with parents, prior to the teaching within the school. Parents have the right to withdraw their child from this programme.

We encourage parents to contact the school to discuss the curriculum should they have any questions or concerns before taking this decision.

Assessment:

We use informal judgements for PSHE and RSE through Assessment for Learning within the learning environment and contributions to planned activities.

Pupils are given opportunities for self-assessment and are encouraged to reflect on how well they are developing skills, knowledge and attitudes. There are clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage.

Roles and Responsibilities:

It is the responsibility of all staff to ensure that they are following the policy. The subject leader will monitor and evaluate the application of the policy

Other references:

Where relevant, this policy should be considered alongside and in accordance with the Child Protection policy, Behaviour policy, Anti-bullying policy, SEND policy, Inclusion policy, Assessment Policy and Teaching and Learning Policy.

This policy has drawn on:

- You, Me , PSHE (Islington Primary Scheme of work)
- DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance (June 2019)
- DfE Keeping Children Safe in Education (2020)

Useless links:-

- PSHE Association RSE Policy Guidance
- <https://www.pshe-association.org.uk/curriculum-and-resources/resources/writing-your-rse-policy-guidance-pshe-association> (members only)

- The Sex Education Forum RSE Policy Guidance

<https://www.sexeducationforum.org.uk/resources/advice-guidance/sre-policy-guidance>

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This policy will be reviewed at least every three years.

Acronyms :

PSHE : Personal, Social, Health Education

RSE : Relationship and Sex Education