

## A course that will help you to:



- prevent and reduce behaviour problems
- improve the relationship with your child
- set rules, responsibilities and routines
- understand emotional and social development

# Incredible Years

(Primary school age) (13 week course)

**Tuesdays from 12.30pm - 2.30pm**

**Commencing 17 September 2019 for**

(No session on 22 October)

Parenting Programme designed to strengthen skills, prevent and reduce unwanted behaviours in young children.

**Booking essential, please telephone 01223 728118  
for more information or to register your interest.**

**Chesterton Child and Family Centre**

Session run by Family Workers

[www.cambridgeshire.gov.uk/child-and-family-centres](http://www.cambridgeshire.gov.uk/child-and-family-centres)