

# TELFORD INFANT SCHOOL



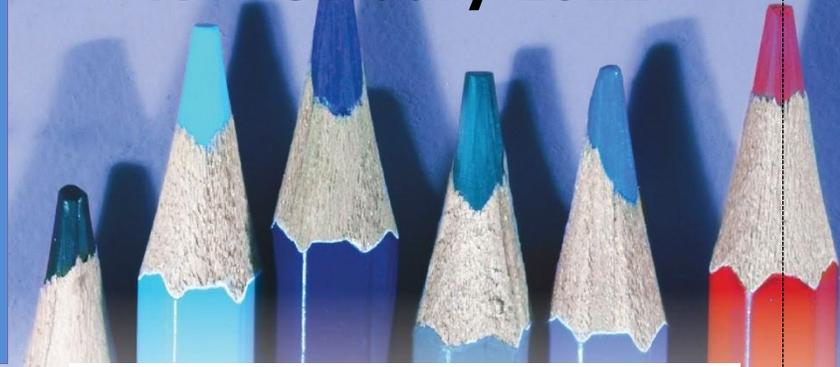
## NEWSLETTER

Dear Parents and Carers,  
This week is Children's Mental Health Week, - an annual week-long campaign run by children's mental health charity [Place2Be](#). This year's theme is "Express Yourself" with the focus on children finding ways to share feelings, thoughts, or ideas through creativity. Information for parents has already been included in Tapestry and in this Newsletter we are signposting you to information related to children's mental health through Warwickshire Family Information Service, COMPASS and RISE which we hope you will find informative and helpful.

Thank you to those of you who have been able to participate in the Warwickshire 'Show You Care' Campaign. If you have missed this on Tapestry and want your child to take part don't worry as details have been copied onto page 2 of this Newsletter. I have so enjoyed seeing photos of hearts that have been uploaded onto Tapestry as well as the hearts in windows of your homes that I pass on my journey into school, they make me smile every single day!

I know times are tough, really tough. Everyone is dealing with a whole host of situations that we could never have imagined. This will pass but in the meantime remember that we are all doing the very best that we can for the children. We are in this together even if we are not in the same place. Take good care and look after yourselves and your wellbeing the very best that you can.  
Mrs Siân Oustayiannis – Headteacher

## 4th February 2021



### NEW LOOK WEBSITE

Miss Malcolm in our school office has been very busy giving our school website a fresh new look – we all hope you like it! She is now working hard in the background ensuring that everything is bang up to date, so please be patient while we undertake this work.

Please do take a look:

<https://www.telford-inf.warwickshire.sch.uk/web>

### WARWICKSHIRE FAMILY INFORMATION SERVICE



The Warwickshire Family Information Service is a great source of information and is brilliant for pointing you in the right direction if you need help.

<https://www.warwickshire.gov.uk/childrenandfamilies>

They have a Facebook page too:

<https://www.facebook.com/WarwickshireFIS>

You can sign up for their newsletter here:

<https://mailchi.mp/warwickshire/familyinfo-service>

## WARWICKSHIRE 'SHOW YOU CARE' CAMPAIGN



At Telford Infant School we know that connecting with other people has never been more important for not only just our wellbeing but that of our children too. At present during this lockdown we know we can't physically be with our friends and neighbours, we must find different ways of doing this.

To help this Warwickshire County Council are launching a new campaign called 'Show you Care' and would love you to be part of it. We are encouraging our families to display a picture of a heart in their window, or share it on social media, as a tangible sign that they are thinking of others in the pandemic.

Displaying or sharing a heart can mean many things, but could include:

- I care about our key workers
- I care about my neighbours
- I care about my grandparents who I haven't been able to see
- I care about missing my school friends and teachers.

What can you do? There are templates on Tapestry for you to use but hand drawn hearts are just as lovely, if not better. Please place any hearts your children may create in a prominent place such as window you could even take photos of them and send them to Warwickshire libraries or social media accounts adding a story about who they are thinking about and why.

We hope you enjoy this activity and we look forward to seeing all of the lovely hearts on windows throughout our community.

## COMPASS - SCHOOL HEALTH AND WELLBEING SERVICE

Warwickshire School Health and Wellbeing Service (also known as COMPASS) is available to all Warwickshire school aged children. We work closely with the school nurse team and parents and carers can also contact them directly for support with:

- \*Emotional wellbeing, including stress and anxiety
- \*Parenting
- \*Behaviour
- \*Relationships
- \*Eating
- \*Sleep
- \*Continence
- \*Referral onto additional services

### Website:

<https://www.compass-uk.org/services/warwickshire-school-health-wellbeing-service/>

### February 2021 Newsletter:

[https://www.telford-inf.warwickshire.sch.uk/web/whole\\_school\\_letters/316014](https://www.telford-inf.warwickshire.sch.uk/web/whole_school_letters/316014)

### Contact details:

Tel: 03300 245 204

Email: [warwickshireschoolhealth@compass-uk.org](mailto:warwickshireschoolhealth@compass-uk.org)



RISE is a family of NHS-led services providing emotional wellbeing and mental health support for under 18s in Coventry and Warwickshire. RISE is made up of a number of different services, each led by mental health specialists.

### Website:

[cwrise.com](http://cwrise.com)