





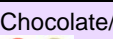

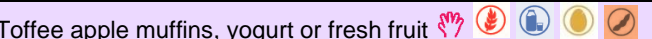







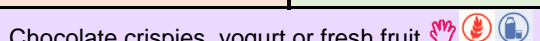
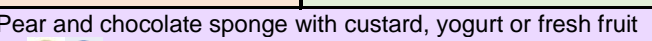




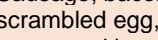
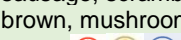

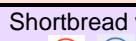
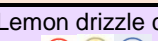


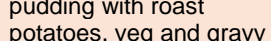




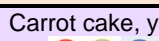


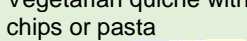

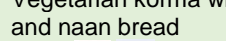

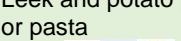
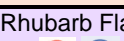

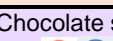










SCHOOL LUNCH MENU

	Week 1	Weeks commencing 31/12, 21/1, 11/2, 11/3, 1/4.	Week 2	Weeks commencing 7/1, 28/1, 25/2, 18/3.	Week 3	Weeks commencing 14/1, 4/2, 4/3 25/3
Monday	Salmon pasta bake. 	Vegetable sausage, mash and gravy. 	Cowboy mince. 	Cheese wheels with herby wedges 	Beef burger in a bun with wedges 	Cowboy hotpot 
	Chocolate/ raspberry brownie, yogurt or fresh fruit 		Fruit muffins, yogurt or fresh fruit 		Toffee apple muffins, yogurt or fresh fruit 	
Tuesday	Lasagne with garlic bread 	French bread pizza 	Various pizzas with diced potatoes. 	Spanish omellette with diced potatoes 	Southern fried chicken with diced potatoes 	Quorn meatballs in a tomato sauce with pasta. 
	Toffee frozen yogurt pots, yogurt or fresh fruit 		Chocolate crispies. yogurt or fresh fruit 		Pear and chocolate sponge with custard, yogurt or fresh fruit 	
Wednesday	Cheesy gammon wheels with wedges 	Quorn Paella 	Chicken curry with naan and rice 	Roasted vegetable fajita. 	All day breakfast. Sausage, bacon, scrambled egg, hash brown and beans 	All day breakfast, quorn sausage, scrambled egg, hash brown, mushrooms, tomatoes 
	Jelly with fruit pieces, yogurt or fresh fruit 		Shortbread with fruit pieces, yogurt or fresh fruit 		Lemon drizzle cake, yogurt or fresh fruit 	
Thursday	Roast beef, yorkshire puddings with roast potatoes, veg and gravy 	Cauliflower & broccoli bake 	Roast chicken, yorkshire pudding with roast potatoes, veg and gravy 	Macaroni cheese with garlic bread 	Roast gammon, yorkshire puddings with roast potatoes, veg and gravy 	Seasonal vegetable crumble With roast potatoes, veg and gravy 
	Golden crispie, yogurt or fresh fruit 		Carrot cake, yogurt or fresh fruit 		Raspberry frozen yogurts, yogurt or fresh fruit 	
Friday	Jumbo Sausage with chips or pasta. 	Vegetarian quiche with chips or pasta 	Breaded fish with chips or pasta 	Vegetarian korma with rice and naan bread 	Fish fingers with chips or pasta 	Leek and potato plait with chips or pasta 
	Rhubarb Flapjack, yogurt or fresh fruit 		Custard biscuits, yogurt or fresh fruit 		Chocolate shortbread, yogurt or fresh fruit 	

SCHOOL LUNCH MENU

Jacket potato option available everyday with either cheese, beans, tuna and coleslaw

Jacket fillings Cheese  Tuna  (with mayonnaise   ) Coleslaw (with mayonnaise   ) Beans

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch.
We cater for all dietary needs; ingredients can be substituted or recipes adapted please speak to your kitchen manager.

 Handmade  Vegetarian.

ALLERGENS

-  Celery
-  Cereals containing gluten
-  Crustaceans
-  Eggs
-  Fish
-  Lupin
-  Milk
-  Mollusc
-  Mustard
-  Tree Nuts
-  Peanuts
-  Sesame seeds
-  Soya
-  Sulphur Dioxide