

The Six Rs Information For Parents and Carers

The 6Rs are integral to all that we do at Wallsend Jubilee. They help children to talk about their learning and to know how to behave. We talk about them in lessons and assemblies on a daily basis. Children learn about them gradually, starting with Readiness, and then learning about Responsibility. The others will follow later.

Here is a reminder of what the 6Rs are, what we teach that they mean, and some examples of how you could use them in an everyday situation. If you can use these same words at home, you will help your child to understand them and will show that home and school are working together as a team.

Readiness:

Actively listening, good eye contact with those that are speaking, interested, organised and prepared. Home examples: "Let's get everything ready for school tonight so that you are ready for school tomorrow." "Look at me when I'm talking to you so I am sure that you are listening." "You had a great night's sleep; You will feel much more ready tomorrow!"

Responsibility:

Behaving sensibly, caring for surroundings and other people, following rules. Home examples: "Well done for tidying up your toys! That was very responsible of you!" "That was kind of you to share with your little brother. How responsible are you?"

Resilience:

Being able to cope when things go wrong, putting a brave face on things, trying again. Home examples: "Don't give up! Keep trying and it will get easier! Be resilient!" "Aren't you brave, not making a fuss when you fell over just then!" "How resilient you are?"

Reflectiveness:

Thinking carefully about other people's feelings, or about what would happen if... or what could have been done differently. Home examples: "I know you want to play with that, but look how sad your little sister is. Can you be really reflective and share this time?" "How do you think she feels now that you have hurt her? What should you have done instead? Well done, that is kinder and more reflective." "Oh dear, you feel sick after all of those sweets. What do you think you should have done instead? Let's remember this next time and be reflective."

Resourcefulness:

Finding new solutions to problems, making own decisions Home examples: "Oh dear, is a piece missing? What can we do to sort that? Let's think of a new way to play with it, and be resourceful." "I know that you wanted to play in the garden with your friend but it is pouring with rain. What games could you both play inside instead? That is being really resourceful."

Risk Taking:

Try new things, take a risk, know its ok to make mistake and not expect to get everything right the first time. Home examples: "Wow you did that all by yourself, you took a risk and we are proud of you!" "It's ok to take a risk and get things wrong, keep trying and you will get there

eventually." "I know you like playing on your tablet but let's do something different this morning." "Go on, take risk!"