

# Spring / Summer 2019



w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 12th Aug, 2nd Sept, 23rd Sept

## WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Loaded Mac n Cheese and Garlic Focaccia</b> ▲	<b>Bangers and Mash</b> ▲	<b>Roast Beef and Gravy</b> ▲	<b>Chinese Chicken Noodles</b> ▲	<b>Fish Fingers and Chips</b>
<b>Spring Veg Frittata and Garlic Focaccia</b> ▼	<b>Vegan Quorn Bangers and Mash</b> ▼	<b>Cherry Tomato and Rocket Tart</b> ▼	<b>Sweet Potato Balti with Basmati Rice</b> ▼	<b>Quorn Brunch Muffin and Chips</b> ▼
<b>Italian Orange Cake</b>	<b>Banana Bread and Butter Pudding with Custard</b>	<b>Honey Picnic Flapjack</b>	<b>Berry Eton Mess</b>	<b>Cookie and Shake</b> Oat Cookie & Chocolate Milkshake

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 29th Jul, 19th Aug, 9th Sept, 30th Sept

## WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cheesy Mozzarella Pizza with Wedges</b> Fresh Tomato and Basil ▲	<b>Beef Bolognese with Spaghetti</b> ▲	<b>Lemon Roast Chicken with Sage and Onion Stuffing and Gravy</b> ▲	<b>All American Turkey Twist Burger in Wholemeal Bun</b> ▲	<b>Crispy Battered Fish and Chips</b>
<b>Wholemeal Penne Pasta Neapolitan</b> ▼	<b>Cheddar Cheese and Spinach Quiche with New Potatoes</b> ▼	<b>Quorn Roast with Stuffing and Gravy</b> ▼	<b>Chunky Chilli Tacos with Tangy Salsa</b> ▼	<b>Picnic Pitta with Minty Cucumber Salad and Chips</b> ▼
<b>Tiramisu Trifle Pot</b>	<b>Toffee Apple Tart and Custard</b>	<b>Ice Cream Tub</b>	<b>Mini Chocolate Brownie with Orange Wedge</b>	<b>Cookie and Shake</b> Ginger Cookie and Vanilla Honey Shake

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 5th Aug, 26th Aug, 16th Sept

## WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Firecracker Pizza with Herb Wedges</b> ▲	<b>Root Mash Topped Cottage Pie</b> ▲	<b>Roast Gammon with Sticky Pineapple</b> ▲	<b>Punjabi Butter Chicken with Rice</b> ▲	<b>Fish Fingers and chips</b>
<b>Broccoli and Salmon Pasta Bake</b>	<b>Smokey Quorn Meatballs and Yellow Rice</b> ▼	<b>Super Green Veggie Lasagne</b> ▼	<b>Butternut Squash Risotto</b> ▼	<b>Cheese and Marmite Muffin with chips</b> ▼
<b>Apricot Biscotti Lemon Yoghurt</b>	<b>Butterscotch Tart</b>	<b>Magic Chocolate Pudding</b>	<b>Carrot and Pineapple Muffin</b>	<b>Cookie and Shake</b> Lemon Cookie and Berry Milkshake

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**  
 (allergy information is available)

### Served Daily

A baked jacket potato with a choice of toppings

- ▲ Meat
- ▼ Veggie
- ◆ Jacket Potato
- Packed Lunch

Aspens

