

Spring/ Summer 2021

DAIRY FREE MENU APRIL 2021

# FOOD FESTIVAL

By Aspens

12 Apr 3 May, 24 May, 14 Jun, 5 Jul, 26 Jul, 16 Aug, 6 Sep, 27 Sep, 18 Oct

WEEK ONE

	<b>MONDAY</b> <b>Family Faves</b>	<b>TUESDAY</b> <b>Authentic Italian</b>	<b>WEDNESDAY</b> <b>Baking British</b>	<b>THURSDAY</b> <b>Food Festival</b>	<b>FRIDAY</b> <b>Fun Day</b>
<b>Main Event</b>	<b>Hot Dog</b> Baked Potato Wedges BBQ Beans ▲	<b>Veggie Supreme Pizza DF</b> Garlic Slice Sweetcorn ▼	<b>Roast Chicken &amp; Stuffing</b> Roasties and Fresh Vegetables Gravy ▲	<b>Butter Chicken Curry DF</b> Wholegrain Rice Coconut Green Beans ▲	<b>Breaded Pollock</b> Chips and Minted Crushed Peas
<b>Vegetarian Section</b>	<b>Vegan Dog DF</b> Baked Potato Wedges BBQ Beans ▼	<b>Quorn Meatballs and Spaghetti</b> Garlic Slice Sweetcorn ▼	<b>Lentil Veggie Loaf DF</b> Roasties and Fresh Vegetables Gravy ▼	<b>Butternut and Chickpea Pasanda DF</b>  Wholegrain Rice Coconut Green Beans	<b>Falafel and Hummus Wrap</b> Chips and Minted Crushed Peas ▼
<b>The Finale</b>	<b>Peach Melba Traybake</b>	<b>Italian Sticky Orange Cake</b>	<b>Carrot and Pineapple Muffin</b>	<b>Indian Kulfi Ice Cream DF</b>	<b>Yoghurt, Granola and Peaches DF</b>

Please ensure recipes from the Dairy Free Primary Recipe Book are used and cross referenced with recipe numbers

▲ Meat ▼ Veggie

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# FOOD FESTIVAL

By Aspens

19 Apr, 10 May, 31 May, 21 Jun, 12 Jul, 2 Aug, 23 Aug, 13 Sep, 4 Oct

**WEEK TWO**

	<b>MONDAY</b> <b>Family Faves</b>	<b>TUESDAY</b> <b>Authentic Italian</b>	<b>WEDNESDAY</b> <b>Baking British</b>	<b>THURSDAY</b> <b>Food Festival</b>	<b>FRIDAY</b> <b>Fun Day</b>
<b>Main Event</b>	<b>Chicken Thigh Burger</b> Baked Potato Wedges Rainbow Slaw	<b>Beef Bolognese</b> Whole Grain Penne Garlic Slice Green Salad	<b>Honey Roast Gammon</b> Roasties and Fresh Vegetables Gravy	<b>Chicken Fajita DF</b> Tomato Rice Salad Mexican Slaw	<b>Breaded Pollock</b> Chips and Peas
<b>Vegetarian Section</b>	<b>Crunchy Topped Macaroni Cheese DF</b> Baked Potato Wedges Rainbow Slaw	<b>Red Lentil Bolognese DF</b> Whole Grain Penne Garlic Slice Green Salad	<b>Potato and Spinach Frittata</b> Roasties and Fresh Vegetables Gravy	<b>Mixed Bean Fajita DF</b> Tomato Rice Salad Mexican Slaw	<b>Baked Bean and Cheese Wrap DF</b> Chips and Peas
<b>The Finale</b>	<b>Apple Brown Betty</b>	<b>Tutti Frutti Sponge</b>	<b>Mango and Coconut Slice</b>	<b>Mexican Chocolate Pudding DF</b>	<b>Soya Yoghurt Pot</b>

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▲ Meat    ▼ Veggie

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DAIRY FREE MENU APRIL 2021

# FOOD FESTIVAL

By Aspens

26 Apr, 17 May, 7 Jun, 28 Jun, 19 Jul, 9 Aug, 30 Aug, 20 Sep, 11 Oct

## WEEK THREE

	<b>MONDAY</b> Family Faves	<b>TUESDAY</b> Authentic Italian	<b>WEDNESDAY</b> Baking British	<b>THURSDAY</b> Food Festival	<b>FRIDAY</b> Fun Day
<b>Main Event</b>	<b>Sausage Pasta Bake DF</b> Whole Grain Fusilli Sweetcorn ▲	<b>Veggie Delight Pizza DF</b> Oven Baked Wedges Veggie Sticks ▼	<b>Lemon and Herb Chicken</b> Roasties and Fresh Vegetables Gravy	<b>Sticky Hoisin Chicken and Noodles</b> ▲ Carrot Ribbons ▲	<b>Fish Finger Bap</b> Salmon or Pollock Chips and Baked Beans
<b>Vegetarian Section</b>	<b>Shepherdess Pie</b> Sweet Potato Mash Sweetcorn ▼	<b>DF Cheese and Tomato Pasta Bake</b> Oven Baked Wedges Veggie Sticks ▼	<b>Smoked Cheese and Onion Slice DF</b> Roasties and Fresh Vegetables Gravy ▼	<b>Sweet and Sour Chicken Style Strips and Vegetable Noodles DF</b> Carrot Ribbons ▼	<b>Vegan Sausage Roll</b> Chips and Baked Beans ▼
<b>The Finale</b>	<b>Chocolate Cake DF</b>	<b>Sweet Potato Brownie</b>	<b>Italian Crumble Cake DF</b>	<b>Caramelised Bananas and Toffee Sauce DF</b>	<b>Lemon and Sultana Cookie DF</b>

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▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch