

Trafford School Lunch

FRESH SALAD
And Baked Jacket
Potatoes Are
AVAILABLE DAILY

Jugs of
Water,
Yoghurts &
freshly
prepared fruit
Daily



Week 4

	On the side:
Spicy Chicken in A Tortilla	New Potatoes
Spicy Quorn in a Tortilla	Green Beans & Sweetcorn
Iced Smoothies	Assorted Sandwiches
Beef Burger on a Bun	Creamed Potatoes
Cheese Slice	Baked Beans Mixed veg
Raspberry Buns	Couscous
Chicken Curry	Basmati Rice
Vegetable Curry	Garden Peas
Oatmeal Cookies	Assorted Sandwiches
Bolognese Pasta Bake	Crusty Bread
Macaroni Cheese	Broccoli & Cauliflower
Chocolate Cake	Baked Potato
Fish Cakes	Spicy wedges
Sweet n Sour Veg & Noodles	Baked beans & Peas
Vanilla Biscuits	Assorted Sandwiches

Week 3

	On the side:
Turkey Meatballs in Tomato Sauce	Pasta
Country veg Pie	Baked potato Sweetcorn & garden Peas
Chocolate & Vanilla Mousse	
Meat & potato Pie	Creamed Potatoes
Quorn Burger in Bun	Diced carrots & Baked Beans
Oatmeal Cookies	Assorted sandwiches
Roast chicken	Roast Potatoes
Spicy Veg Noodles	Broccoli & Green Beans
Shortbread	
Homemade Sausage Roll	Rice Potato Wedges
Vegetarian Sausage roll	Mixed Veg & Baked Beans
Syrup Sponge & Custard	Assorted Sandwiches
Cod Goujons	Chipped Potatoes
Pasta bake	Peas & sweetcorn
Jam & cream Slice	Baked Potato

Week 2

	On the side:
Cajun Chicken	Spicy Wedges
BBQ Quorn Fillet	Baked beans & Sweetcorn
Ice cream	
Gammon & Pine-apple	Creamed Potatoes
Vegetable Ravioli	Garden Peas & Cauliflower
Jam & Cream Scones	Baked Potato Assorted Sandwiches
Roast Turkey & Yorkshire Pudding	Roast Potatoes
Cheesy Whirls	Broccoli & Baton Carrots
Flapjacks	Baked Potato
Beef Lasagne	Baked Potato
Vegetable Lasagne	Mixed Vegetables
Lemon Drizzle Cake	Assorted Sandwiches
Battered Fish	Diced potatoes
Cheese & Tomato Pizza	Baked beans Peas
Chocolate Brownies	

Week 1

	On the side:
Sausage in Gravy	Creamed Potatoes
Quorn Sausage in gravy	Sweetcorn & Garden Peas
Artic Roll	Assorted Sandwiches
Spaghetti Bolognese	Baked Potato
Vegetarian Bolognese	Mixed Vegetables
Carrot Cake	Garlic bread
Roast Chicken	Roast Potatoes
Vegetables wrap	Carrots & Green Beans
Fruit Jelly & Cream	Baked Potato Assorted Sandwiches
Ham Pasta	Pasta
Vegetable meat balls	Sweetcorn & Broccoli
Beetroot Muffins	
Fish Fingers	Chipped Potatoes
Cheese & Onion	Garden Peas &
Rice Pudding	

Monday

Tuesday

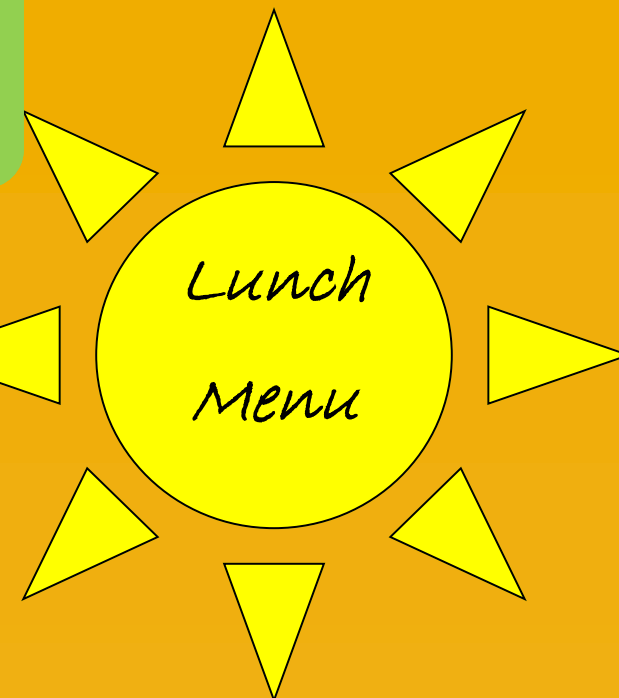
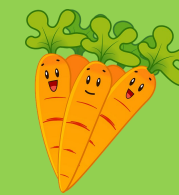
Wednesday

Thursday

Friday



TRAFFORD SCHOOL MEALS



ALL OUR BEEF IS FROM THE UK OR IRELAND

WE CAN TRACE EVERY CUT OF MEAT BACK TO THE FARMS OF ORIGIN

Trafford are committed to Healthy Eating in our Schools, Supporting The Food for Life scheme, cooking Fresh and Homemade meals

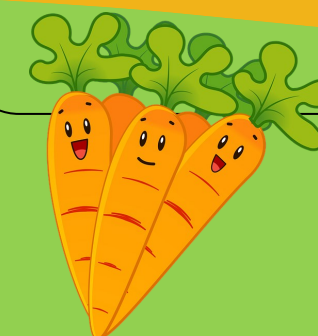
We buy 95% of our seasonal vegetables direct from British Growers

Lunch Menu

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed

All our fish is MSC approved and all our bananas and sugar are Fair Trade

WE SUPPORT MEAT FREE MONDAYS!



We support 82 British Dairy Farms



Our Chicken and Milk are Red



All our fish is MSC Approved and all our bananas and sugar are Fairtrade



We only use Lion Quality Eggs



Over 30% of our products are transported by vehicles that run on biodiesel

Education Catering Services, OSfE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

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