

## CHRISTOPHER WINTER PROJECT

CWP is a whole school scheme which is used by all teachers to provide a through and safe RSE (sometimes called SRE) lessons.

CWP encourages children to develop skills of listening, empathy, talking about feelings and relationships with families and friends.

It includes lessons on topics such as keeping clean, families, gender differences, personal space, puberty, relationships and many other topics.

Each year group develop the previous year's learning:

Reception: Our Lives

Year 1: Growing and Caring for Ourselves

Year 2: Differences

Year 3: Valuing Difference and Keeping Safe

Year 4: Growing Up

Year 5: Puberty

Year 6: Puberty and Reproduction



## USEFUL LINKS

### Puberty

Puberty [www.childline.org.uk/info-advice/you-your-body/puberty/](http://www.childline.org.uk/info-advice/you-your-body/puberty/)

Leaflet NHS: [www.nhs.uk/Livewell/puberty/](http://www.nhs.uk/Livewell/puberty/)

[Docu-ments/4youmarch2010nonprinting.pdf](http://www.nhs.uk/Livewell/puberty/Documents/4youmarch2010nonprinting.pdf)

NHS: [www.nhs.uk/livewell/puberty/pages/puberty-signs.aspx](http://www.nhs.uk/livewell/puberty/pages/puberty-signs.aspx)

### Periods

Periods Leaflet [www.nhs.uk/Livewell/puberty/Documents/fpa-periods-PDF.pdf](http://www.nhs.uk/Livewell/puberty/Documents/fpa-periods-PDF.pdf)

Periods [www.betty.me/parents/](http://www.betty.me/parents/)

Periods [www.periodpositive.com](http://www.periodpositive.com)

### Relationships

Relationships [www.childline.org.uk/](http://www.childline.org.uk/)

All aspects of RSE:

[www.brook.org.uk](http://www.brook.org.uk)

SEN support <https://contact.org.uk/media/379646/>

[growing\\_up\\_young\\_people.pdf](http://growing_up_young_people.pdf)

## EXPECTATIONS

In the Summer term, children take part in RSE lessons using the CWP scheme.

Parents are encouraged to follow up the learning by having discussions and visiting websites with children.



## WEBSITE

Our RSE policy is on the school website. This is the policy that all teachers teach within.

## HELP IS HERE!

See below for some useful websites

- [Cornwall Healthy Schools](#)
- [NSPCC](#)
- [BBC KS1](#)
- [BBC KS2](#)
- [PSHE Association](#)

# Beacon

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## Relationship and Sex Education (RSE)

(from Reception to Year 6)

Our aim is to help and support young people through their physical, emotional and moral development. It helps young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

(DFEE 2000)

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