

Lent Rise School Newsletter

December 2017



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Staff News

Mrs Colgate our school librarian is sadly leaving us at the end of the year to spend more time with her family, we wish her every happiness and thank her for her contribution during the many years she has been part of the Lent Rise community.

Christmas Shows and Events

It is coming up to the very busy time of year again! There are many Christmas shows during the last week of term; Mrs Barnard will be circulating tickets over the next few weeks. Any queries please contact Mrs Barnard.

We all love a panto (!) and once again we are putting on a panto performance for the pupils on the very last afternoon of term!

Whilst we are talking about Christmas, I wish you all a restful break and look forward to seeing you back on the 4th January.

Jute Bags



Congratulations to Emelia in Y6 who's designed have been chosen to be printed on Jute bags following a tough decision by the school council. We hope the bags will arrived in time to be sold at the Christmas Fayre on 9th December!

Children In Need

We would like to say a massive thank you for all your donations towards Children In Need, through sales and donations the school raised an amazing £780.12.

Slough Foodbank

We have received a letter from Slough Foodbank to thank us for our Harvest festival donations, our donations weighed an incredible 86.6kgs which is the equivalent of 80 individual meals. See the full letter on the school notice board.

November's Attendance




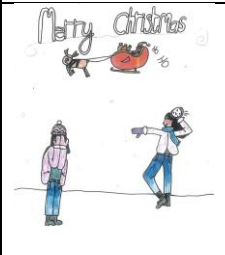

Our overall whole school attendance figure for last month was 96%. The KS1 award went to class 2H who achieved 96.2% attendance and the KS2 award to 4R, who achieved a fantastic 98.2% attendance, for the month of November.

Nurse Drop in Sessions for parents

The school nursing team are keen to support our Community Room initiative and will be holding monthly drop-in sessions for parents, on the **first Wednesday of every month**. The next session will be held on **6th December at 9.15am on the subject of healthy eating**. The team will be able to offer invaluable advice to parents on nutrition, portion sizes, fussy eaters and helping children make positive food choices. The nursing team will welcome parents straight from the playground, after drop off through the old front door, at the top of the slope, on the playground.

Christmas Card Winners

Congratulations to all the following winners who's entries have already been transformed into Christmas cards which will be sent to local schools and individuals in the community.

EY	Y1	Y2	Y4	Y5
Lorelei	Summer	Jake	Amber	Anika
				

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Boccia at Lent Rise House

On Tuesday 15th of November a team of Y3 children challenged residents of Lent Rise house to a Boccia match! Our team showed amazing sportsmanship; but were unfortunately beaten by the residents. Mr Smith and Miss Ellis have asked for a rematch!



Playground pick up and drop off times

We know that the playground is a very busy place before and after school. To help with making the mornings as smooth as possible for the children, please pass any messages through the office to avoid delays caused by the teachers getting caught up and message taking. I'd also like to remind everyone about supervision of children before and after school on the playground and appropriate adult behaviour and communication. If any concerns arise, please report any issues to enable a happy and healthy community at Lent Rise.

Dolce Christmas Lunch E-Safety update Thinkuknow

Dolce Christmas lunch is on Friday 15th December, if you have already ordered a lunch you will need to go back in and re-order as the options have changed. If you would like to order a lunch for that day, go to live kitchen to place your food order. Children are using technology and exploring the online world from a younger age. Thinkuknow are developing a new resource to help build young children's resilience online and give them the skills to explore all the digital world has to offer safely. They need a comprehensive picture of the online behaviour of 4-7 year olds, to make sure you have a say about online safety and what works for your family complete the Parents/Carers survey online.

<https://www.surveymonkey.co.uk/r/parentscarers4-7s>

Easyfundraising

If you have not looked into Easy Fundraising yet, the run it to Christmas is the perfect time! Please take a look at the flyer attached to find out about an easy way to support fundraising for the school. www.easyfundraising.org.uk

Hall Lettings

We are now able to consider regular lettings; please contact Mrs Hudson on office@lentrise.bucks.sch.uk

Lent Rise School entered two teams into the Science National Quiz 16th November 2017

Lent Rise participated in the local National Quiz heat last week. Two teams were selected across year 5 and 6 after completing two Science quizzes in school and submitting their scores. For the first half of the quiz Lent Rise school was in the lead and after a gruelling final round of 10 questions both teams did well to place at third place and fourth place. The quiz was great fun for both the children involved and the supporters. The children gained lots of Science knowledge and the year 5 children are keen to take part next year! Many thanks and well done to Jamie , Krish,

Khusbu , Noah , Aniska , Kabir and Karen.



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EYFS Celebration Morning

A big thank you to all the parents and grandparents who attended.



E- Safety Update:

Local PSCO Caroline Sampson and her team spoke to parents on Wednesday 15th November about being unaware of the things their children get up to online.

They went on the lead assemblies and workshops throughout the day and they collected data on how many children use Social media Platforms.

Year Group	Facebook	Instagram	Snapchat
1	13	7	11
2	22	21	27
3	2	4	10
4	3	7	15
5	5	6	14
6	15	10	

We will continue to educate the pupils in terms of age appropriate use and how to keep themselves safe when using the internet at home but the feedback is still worrying and your children do need you help to keep them safe online.

Please help to keep your child safe online as it can be a very dangerous online world out there!

For information on how to use these sites and others, such as Youtube and Twitter, visit the link below. These guides provide parents with information on how to keep your children safe online whilst using social media, as well as giving you the knowledge of how to use all the functions available on each site to best protect your children.

<https://www.thinkuknow.co.uk/parents/support-tools/how-to-guides/>

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Term Dates 2017-18

Autumn Term 2017

Wednesday 6 th September	Friday 20 th October
Monday 30 th October	Tuesday 19 th December
Inset Days	Monday 4 th September
	Tuesday 5 th September

Spring Term 2018

Thursday 4 th January	Friday 9 th February
Monday 19 th February	Thursday 29 th March
Inset Day	Wednesday 3 rd January

Summer Term 2018

Monday 16 th April	Friday 25 th May
Monday 4 th June	Friday 20 th July
Inset Days	Monday 23 rd July
	Tuesday 24 th July
Early May Bank Holiday	Monday 7 th May

Diary Dates

Nurse drop in session for parents	Wednesday 6 th December 9.15am- Healthy eating
Burnham Lions Christmas Fayre and Parade	Thursday 7 th December 6pm-8.30pm
Early Years Christmas Play (letters regarding tickets will be circulated in November)	Friday 15 th December at 9.45am Monday 18 th December at 2pm
KS1 Christmas Play (tickets will be circulated in November)	Tuesday 12 th December at 2pm and 6pm Wednesday 13 th at 9.30am
KS2 Christmas Shows (letters regarding tickets will be circulated in November)	Years 3&4 - Wednesday 13 th December at 2pm and 6pm Years 5&6 - Thursday 14 th December at 2pm and 6pm
EY Christmas Disco	Friday 15 th December during the school day.
Christmas Discos Yr1-Yr6	Monday 18 th December
Nurse drop in session for parents	Wednesday 10 th January 9.15am
HENRY - Healthy Start training	Starts Wednesday 10 th January
Science Week	Monday 29 th January - Friday 2 nd February
Year 4 Highclere House Trip	Tuesday 30 th January & Wednesday 31 st January
E-Safety Week	Monday 5 th February - Friday 9 th February
PTA Non uniform day	Friday 9 th February
Parent Consultation Week	Monday 26 th February - Friday 2 nd March

2018 Residential Trip Dates

Year 5 to Shortenills	16 th - 18 th May 2018
Year 6 to PGL Weymouth	26 th - 29 th June 2018

Please note that all dates are subject to change.

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Burnham Children's Centre - Action for Children

Henry Course

I am delighted that Burnham Children's Centre are able to run an 8 week programme for parents of pupils aged 5 and under here at Lent Rise starting 17th January.

If you would like to attend you can book through Mrs Barnard in the office or through Burnham Children's centre directly. The course will be open to all parents in the community so if you know a neighbour or friend who might be interested please do pass on the details to them. There are flyers in the leaflet rack in the office if you like to pick one up.

About the programme

The programme is for parents or carers of children aged 0 to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY *Healthy Families: Right from the Start* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

Week 1 – Decide what changes you want to make and set your own goals

Week 2 – How to juggle life with young children so you all get what you need

Week 3 – How to respond to children's needs without giving in to all their demands

Week 4 – Positive mealtime tips for a happy family – reducing mealtime stress for everyone

Week 5 – Ideas for active play to help children learn, develop and stay happy

Week 6 – Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

Week 7 – Understanding and managing your child's behaviour for a happier home

Week 8 – Celebrate your success as a parent and plan the future for your family

"I highly recommend it. It was brilliant!"



Is the HENRY programme for me?

The HENRY programme can help everyone with a baby or young child. Every parent who joins learns something new and useful.



If you have at least one child under 5 years old and can answer 'yes' to any of the questions below then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like some support to give your child a healthy start?
- Do you wish your child would eat more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like to enjoy being active together as a family more often?
- Are you interested in some ideas to get children away from the TV?

What is HENRY?

HENRY is a UK charity working to give babies and young children a healthy start in life.

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PTA page

This month, the PTA has been busy planning its Christmas fundraisers; namely the Christmas Fayre and end of term school discos.

Our popular Fayre will be on Saturday 9th Dec at the school between 12-3pm. There will be a small charge of 50p per family to enter the Fayre and £5 to see Santa and his elves, his animals and to receive a gift. Ticket application forms for the Grotto have gone out in book bags, please contact the office if you haven't received yours.

There will be lots of games and stalls for the children including Hook-a-Bag, Money Tree, Knock down Santa, toy tombola and a book sale. We will also have a number of stalls selling various gifts and the popular stocking filler stall, complete this year with bags of reindeer noses and snowman pool!

In addition, there will be face painting and free arts & craft activities for the children to enjoy such as making bird feeders, cards and decorations.

We have also got some fantastic prizes for the raffle which will be drawn on the day. Raffle tickets will be coming out in the book bags soon.

If you have any books in good condition you'd like to donate, there will be a stall in the playground after school on Wednesday 29th Nov.

Please keep an eye out on the Lent Rise PTA Facebook page, your emails and in book bags as, over the next couple of weeks, more requests and information will come out. We thank you in advance for all your support and donations, we couldn't do it without you. Most importantly though, we need your time. If you could spare any time between 9am-4pm on Saturday 9th Dec to help with the Fayre, we'd appreciate it. The more parents who can help out, the more we can spread the load. Even an hour would make a big difference. Please contact your Year Rep if you can help. It's always lovely to see the children let their hair down at the Christmas discos which are hosted and funded by the PTA. The discos are being held on Monday 18th December for children in years 1-6, parents are welcome to lend a hand with supervising, please contact the school office for times. Finally, it has been fantastic to welcome so many new parents to the PTA meetings who bring new ideas, new contact books and pairs of hands to help out! Anyone is welcome onto the PTA, contact the school office who will put you in touch with the Committee.



From the PTA Team
pta@lentrise.bucks.sch.uk

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