

## Week one

22/04 13/05 10/06 01/07 22/07 02/09 23/09 14/10

Monday

Choose a main meal...  
 Tomato & Mozzarella Pizza with Pasta Salad ✓  
 Chinese Style Veggie Rice ✓

on the side...  
 Broccoli  
 Mixed Salad

for dessert...  
 Mango Frozen Yoghurt

Tuesday

Choose a main meal...  
 Chicken, Pea & Potato Bake  
 Veggie Hot Dog with Jacket Wedges ✓

on the side...  
 Peas  
 Sweetcorn

for dessert...  
 Pear Upside Down Cake with Custard

Wednesday

Choose a main meal...  
 Roast Turkey with Roast Potatoes & Gravy  
 Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy ✓

on the side...  
 Carrots  
 Cabbage

for dessert...  
 Flapjack with Fruit Slices

Thursday

Choose a main meal...  
 BBQ Beef Meatballs with Pasta  
 Vegetable Pasta Bolognese ✓

on the side...  
 Green Beans  
 Sweetcorn

for dessert...  
 Berry Chill

Friday

Choose a main meal...  
 Golden Fish Fingers with Chips  
 Salmon Fish Fingers with Chips  
 Quorn Dippers with Chips ✓

on the side...  
 Peas  
 Baked Beans

for dessert...  
 Brownie Cake

## Week two

29/04 20/05 17/06 08/07 09/09 30/09

Choose a main meal...  
 BBQ Quorn Burger with Jacket Wedges ✓  
 Mediterranean Tart with Pesto Pasta ✓

on the side...  
 Crunchy Coleslaw  
 Mixed Salad

for dessert...  
 Chocolate Sponge Cake with Custard

Choose a main meal...  
 Pork Sausages with Creamy Mash  
 Vegetarian Sausages with Creamy Mash ✓

on the side...  
 Peas  
 Baked Beans

for dessert...  
 Strawberry Sponge Swirl

Choose a main meal...  
 Roast Chicken with Roast Potatoes & Gravy  
 Cauliflower & Creamed Corn Bake with Roast Potatoes ✓

on the side...  
 Cabbage  
 Carrots

for dessert...  
 Cheese & Biscuits

Choose a main meal...  
 Pasta Bolognese  
 Mild Chickpea Curry with Rice ✓

on the side...  
 Broccoli  
 Sweetcorn

for dessert...  
 Apple & Carrot Slice

Choose a main meal...  
 Crispy Fish & Chips  
 Baked Bean & Cheese Quesadilla with Chips ✓

on the side...  
 Peas  
 Tomato & Cucumber Salad

for dessert...  
 Oatie Biscuit with Fruit Slices

## Week three

£2.30

06/05 03/06 24/06 15/07 16/09 07/10

Choose a main meal...  
 Mac 'N' Cheese ✓  
 Vegetable Korma with Rice ✓

on the side...  
 Broccoli  
 Carrots

for dessert...  
 Peach Slice

Choose a main meal...  
 Chicken & Sweetcorn Pizza with Jacket Wedges  
 Cheesy Bubble & Squeak ✓

on the side...  
 Peas  
 Crunchy Salad

for dessert...  
 Lemon Drizzle Cake

Choose a main meal...  
 Roast Pork with Roast Potatoes & Gravy  
 Quorn Roast with Roast Potatoes & Gravy ✓

on the side...  
 Carrots  
 Cabbage

for dessert...  
 Blueberry Frozen Yoghurt

Choose a main meal...  
 Chinese Chicken Rice  
 Creamy Pesto Pasta ✓

on the side...  
 Green Beans  
 Sweetcorn

for dessert...  
 Apple & Berry Crumble with Custard

Choose a main meal...  
 Golden Fish Fingers & Chips  
 Sweet Potato & Chickpea Burger with Chips ✓

on the side...  
 Baked Beans  
 Peas

for dessert...  
 Chocolate Shortbread with Fruit Slices

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT

OVER 30%

of our products are transported by vehicles that run on biodiesel

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us. Our special diets menu can be provided following documentation from medical professional. Jacket potatoes with assorted toppings, fruit and yoghurts available daily.



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL OUR BANANAS ARE FAIRTRADE

