

Learning Project Weeks 11 & 12 - Food

Age Range: Y3/4

Weekly Maths Tasks (Aim to do 1 per day)

Please work at your child's pace through [Year 3 White Rose Maths](#) and [Year 4 White Rose Maths](#) – there are videos to explain each concept and worksheets too. There are lots of other activities to support your child's learning with the following links.

- Sumdog
- Working on [Times Table Rockstars](#) - your child will have an individual login to access this.
- Practise counting forwards and backwards from any given number in **3s**.
- Play on Mathsframe's [Penalty Shoot Out](#).
- Play on [Stoneage Stu](#) -a times tables game.
- Get a piece of paper and ask your child to show everything they know about **Time**. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be.



Weekly Reading Tasks (Aim to do 1 per day)

- Read a book or chapter together. Have a look for a **recipe** book. Look in your magazines or in the newspaper together for a tasty meal for the family.
- Listen to your child read and let them discuss what they have read. Encourage them to look at how the recipes are set out on the pages. Look for bossy verbs – stir, chop etc. Also look for adjectives and adverbs to describe the method, colour and flavour. You could use [BBC Food](#) for some ideas.
- Read a book on [Oxford Owl](#), (Login lowick20 Password lowick20). Is there one about food?
- Write a **recipe** for one of your favourite meals. Make sure you write a descriptive introduction to tempt others to try it!
- Write a menu for a family meal. This could be what you are actually having or a dream meal!



Weekly Spelling Tasks (Aim to do 1 per day)

- Practise reading, writing and spelling some more of the Year 3/4 [Common Exception](#) words. **Which ones are the trickiest?**
- [Phonics play](#) will help you to revise your phonics with some fun games. Go to 'Phase 6' or revise Phase 5.
- Play some spelling games on [Top Marks](#).
- Practise your spelling on [Sumdog](#).
- Choose some tricky words or some favourite food words to make your own wordsearch.



Weekly Writing Tasks (Aim to do 1 per day)

Have a look at the latest **Talk4Writing** school booklet for [Year 3](#) and [Year 4](#). Choose the year group that feels right for your child. This mirrors our approach in school and starts with a story to read together. The booklet contains lots of English based activities linked to the story.

- Have you listened to [RadioBlogging](#) - a daily interactive English lesson brought to you by Pie Corbett?
- Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives.
- Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why?
- Choose a particular food and write an acrostic poem. Think about where it comes from? What does it look like? What does it taste or smell like? What does it feel like? Is it different when cooked?



Learning Project - to be done throughout the weeks

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Let's Wonder:**

What is a balanced diet? Find out about the 5 food groups. Make slides or posters about what they find out about. [Carbohydrates](#) [Protein](#) [Dairy](#) [Fruits and Vegetables](#) [Fats](#). Where does their food come from? Which foods come from the UK? [What is fairtrade?](#)



- **Let's Create:**

Make repeated pattern prints for decorative purposes using various natural materials eg potato printing or create some still life observational sketches of fruit. Look at the artwork of [Giuseppe Arcimboldo](#). Maybe recreate some of his paintings with fruit.



- **Be Active:**

Food provides us with energy and we need energy to exercise and this keeps us fit. Why not choose a dance from [Supermoves?](#)

Make a meal by combining a variety of ingredients using a range of cooking techniques. Measure and weigh ingredients appropriately to prepare and cook a range of savoury dishes.



- **Time to Talk:**

As a family, design a healthy meal plan for the week. Discuss their favourite foods and why they enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.



- **Understanding Others and Appreciating Differences:**

[Lunch around the world](#). Look at lunch around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian eats. Vegan? What is Kosher food? Halal food?



- **Reflect:** Think about how your diet compares with children from less developed countries. How could world hunger be helped? What would you say to Boris Johnson about this?



Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link.

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