























Parc Eglos School Menu



WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Sausage Roll  Cheese Sandwich  Jacket Potato with Cheese	Pizza  Ham Sandwich  Jacket Potato with Beans	Homemade Pasta Bolognese*  Tuna Mayo Sandwich  Jacket Potato with Tuna	Fish Goujon Wrap served with Veg Rice  Egg Mayo Sandwich  Jacket Potato with Cheese	Sausage, Chips and Peas  Cheese Sandwich  Jacket Potato with Beans
 Homemade Biscuit  Fruit	 Yoghurt  Fruit	 Muffin  Fruit	 Jelly  Fruit	 Mousse  Fruit

All meals including jacket potatoes will be served with either a **SIDE SALAD** (lettuce, tomato, cucumber, pepper) or **VEGETABLE STICKS** (cucumber, carrot or celery). Meals highlighted in blue show the accompaniments.

* Homemade sauce includes carrots, peas, parsnips plus seasonal vegetables

For any special dietary needs please advise the kitchen appropriately.





















ALL PRODUCE WHERE POSSIBLE IS LOCALLY SOURCED



Parc Eglos School Menu



WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta & Meatballs in Homemade Sauce*  Cheese Sandwich  Jacket Potato with Cheese  Homemade Biscuit  Fruit	Cornish Pasty  Ham Sandwich  Jacket Potato with Beans  Yoghurt  Fruit	Chicken Wrap Served with Vegetable Rice  Tuna Mayo Sandwich  Jacket Potato with Tuna  Muffin  Fruit	Burger  Egg Mayo Sandwich  Jacket Potato with Cheese  Jelly  Fruit	Fish Fingers, Chips and Peas  Cheese Sandwich  Jacket Potato with Beans  Mousse  Fruit

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