



Cheam Common Junior Academy

Sex and Relationships Policy

June 2014

Philosophy and rationale

We aim to ensure that all pupils are provided with Sex and Relationship education to help and support them through their physical, emotional and moral development.

The Sex and Relationship Policy is written with consideration to 'Every Child Matters', which states that, children, whatever their background or their circumstance, should have the support they need to:

- be healthy
- stay safe
- enjoy and achieve
- make a positive contribution
- achieve economic wellbeing

"Sex and relationship education is Life Long Learning about physical, moral and emotional development. It is about the understanding of the importance of stable family life and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching."

National Curriculum, 2000

Principles and purpose

Skills and knowledge which are to be achieved in sex and relationship education

- Recognise their own and other people's feelings
- Recognise that actions have consequences for themselves and others
- Develop skills needed for relationships, for example listening, supporting, showing care
- Recognise and challenge stereotypes
- Demonstrate tolerance and respect for each other
- Respond appropriately to teasing and bullying
- Make new friends and learn how to cope with losing friends
- Show respect by listening to what other people say
- Know that different types of family have common features and functions
- Know that there are similarities and differences between people: gender, appearance, abilities, families, cultural background
- Know what we do that makes each other happy, sad and cross, and what helps and what hinders relationships
- Understand about the changes that take place in human life – puberty, parenthood, bereavement, making new relationships
- Preparing for the opportunities, responsibilities and experiences of adult life
- Develop understanding of different types of relationship, including marriage, and know that there are many different patterns of friendship

Concepts which are to be achieved in sex and relationship education

“Sex and Relationship Education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.”

Sex and Relationship Guidance, July 2000

Attitudes which are to be achieved in sex and relationship education

- Respect other people's feelings, decisions, rights and bodies
- Value diversity of life styles and the choices made within them
- Consider why honesty, loyalty, understanding and respect are important in relationships
- Appreciate different ways of loving and the importance of love in relationships
- Consider their developing responsibilities within school, with friends and within the family
- Value other people's achievements

Procedures and guidelines

Sex and relationship will be taught following the Qualifications and Curriculum Authority (QCA) scheme of work.

This policy will be implemented through ongoing consultation with all members of the school community and developed with the school management and development plan.

Monitoring and review

The coordinator will monitor the implementation of this policy through his/her ongoing coordinator role to ensure that procedures laid down are reflected in practice. This will be discussed with the Headteacher annually in order that any revision of the policy, including any necessitated by new legislation, can be built into the School Improvement Plan for the following year.

The Governor's Learning and Achievement Committee will ensure that this review process has taken place through the consideration of a verbal report by the Headteacher at the Summer Term Committee meeting each year.

Any revision to this will be ratified by the Committee at the appropriate meeting according to the timescale set down in the Co-ordinator's Action Plan.

The governing body adopted this policy in **June 2014**. Next review: **June 2017**.

Other information

The information set down in this policy will be reflected in the ethos of the Equal Opportunities, SEN, and Health and Safety policies.

This policy will run in conjunction with the following policies: Behaviour, Anti-bullying, Equal Opportunities, PSHE and Citizenship, Child Protection, Health and Safety, Special Educational Needs, RE.