



## Coverack School



# Relationships and Sex Education (RSE) Policy

Provenance	Date
LGB' Ratification	April 2021
Implementation	April 2021

Review Date
April 2022

<b>To be read in conjunction with:</b>	<ul style="list-style-type: none"><li>● PSHE</li><li>● Tackling Extremism &amp; Radicalisation</li><li>● Positive Behaviour and Anti-Bullying</li><li>● Relationships and Sex Education</li><li>● Online Safety and Data Security</li><li>● Equality</li><li>● Child protection and Safeguarding</li></ul>
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## **Introduction and Legal Requirements**

From Summer 2021, it is a legal requirement for all primary schools to teach relationships education and secondary schools to teach relationships and sex education. For primary schools that want to teach sex education, content will be in addition to that covered in the science curriculum. RSE is a planned programme of learning about the emotional, social, legal and physical aspects of growing up, relationships, sex, gender identity, human sexuality and sexual health that provides children and young people with:

- the essential skills for building positive, enjoyable, respectful, equal and non-exploitative friendships and relationships, for managing risk and for staying safe.
- the opportunities to explore attitudes and values within a safe and inclusive learning environment that values every person and acknowledges different faith, cultural and personal perspectives on relationships and sex.

RSE education offers our pupils significant opportunities to develop the knowledge, skills and understanding they need to achieve, to be resilient and to lead lives that are safe, confident, happy, healthy, responsible and independent. It aims to help them to understand how they are developing personally, socially and emotionally and explore a range of attitudes and values.

## **Equality of Opportunity**

Educational settings have a clear duty to ensure that teaching is accessible to all children and young people and that all make progress in their learning. Inclusive RSE will foster good relations between all pupils and students, and tackle all types of prejudice, promote understanding and respect, thus enabling schools to meet the requirements, and live up to the intended spirit of the Equality Act 2010. All children are entitled to RSE and PSHE lessons. Our school will promote mutual respect and equality within the three core strands (Health and Wellbeing, Relationships and Living in the Wider World) of our PSHE provision.

## **Working with Parents and Carers**

Our school shares responsibility with parents and carers in the children's learning about relationships and sex. We are confident that good communication and sharing our philosophy, aims and purpose will enable parents/carers to support our RSE programme. The class teacher is responsible for informing parents and carers of the content of the RSE programme. It should be noted that a parent and/or carer has the right to withdraw their child from sex education, except to the extent that the subject is covered in a science lesson that forms part of the national curriculum. All parents and carers are informed of this right. If a parent/carers wishes their child to be withdrawn from the sex elements of RSE (these are covered in Upper Key stage 2), they should discuss this with the class teacher and/or Headteacher or Assistant Headteacher.

## **Curriculum Design**

All topics will be sensitively approached and careful consideration and differentiation will be used to ensure that delivery is at the right level for pupils, regardless of their year group when participating in each cycle. In order that children receive information at an appropriate age, although the PSHE programme is a rolling programme due to mixed age classes, some aspects will be taught each year, only to year 6.

At Coverack School, we have adopted the Christopher Winter Project scheme of work 'Teaching RSE with Confidence in Primary Schools' as recommended by the Health Promotion Unit and Cornwall Healthy Schools. The materials form a comprehensive and inclusive resource presented as a spiral curriculum of lesson plans that combine a range of teaching styles and active learning techniques. All of these lessons have a clear structure and are age-appropriate. They are designed to demonstrate a wide range of teaching methodologies to equip teachers with the skills to deliver excellent RSE. The lesson plans have clear aims and learning outcomes with suggested additional activities and accompanying resources. Starting with the overview of the RSE curriculum, teachers will follow the schemes of work for Years 1- 6. Each group has a set of 3 inter-connected lesson plans together with hyperlinked materials and whiteboard resources. All materials can be downloaded for printing as required.

# CWP Curriculum Overview

reception

year 1

year 2

year 3

year 4

year 5

year 6

Additional

## Reception

### Family and Friendship

Lesson 1: **Caring Friendships**

Lesson 2: **Being Kind**

Lesson 3: **Families**

## Year 1

### Growing and Caring For Ourselves

Lesson 1: **Different Friends**

Lesson 2: **Growing & Changing**

Lesson 3: **Families & Care**

## Year 2

### Differences

Lesson 1: **Differences**

Lesson 2: **Male & Female Animals**

Lesson 3: **Naming Body Parts**

## Year 3

### Valuing Difference and Keeping Safe

Lesson 1: **Body Differences**

Lesson 2: **Personal Space**

Lesson 3: **Help and Support**

## Year 4

### Growing Up

Lesson 1: **Changes**

Lesson 2: **What is Puberty?**

Lesson 3: **Healthy Relationships**

## Year 5

### Puberty

Lesson 1: **Talking about Puberty**

Lesson 2: **The Reproductive System**

Lesson 3: **Help and Support**

## Year 6

### Puberty, Relationships & Reproduction

Lesson 1: **Puberty & Reproduction**

Lesson 2: **Communication in Relationships**

Lesson 3: **Families, Conception & Pregnancy**

Lesson 4: **Online Relationships**

## Additional Folder Year 5/6

Unit 1: **FGM**

Unit 2: **Respect and Equality**

In addition to the Christopher Winter Project (CWP) scheme of work, we have a PSHE programme entitled 'Life Wise' which also includes RSE and compliments the CWP scheme.

<https://learn.lifewise.co.uk/wp-content/uploads/LifeWise-Parent-Presentation.pdf>

### **Confidentiality**

Confidentiality is an important consideration and the boundaries of confidentiality will be made clear to pupils. Teachers cannot and should not promise total confidentiality. If a child discloses information which is sensitive, teachers need to be conscious of fulfilling their professional responsibilities in relation to child protection.

### **Implementation**

Implementation of the policy is the responsibility of the Head teacher and governors and will be reviewed every three years.

Date of policy: April 2021; Date of next review: April 2022, then April 2025 or in line with statutory changes.